– 2025 –



GLYNN WILLIAMS

– MULTI-MEDIA DESIGNER & WEB DEVELOPER –

– DESIGN –
PORTFOLIO

THE FOLLOWING PAGES CONTAIN EXAMPLES OF MY DESIGN WORK – SPANNING MY CAREER TO DATE.

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LOGOS





















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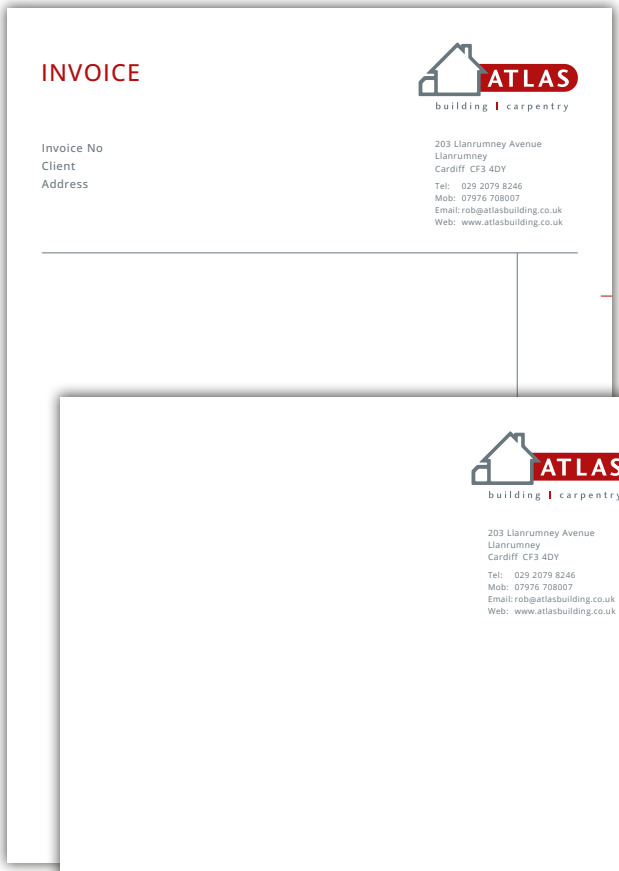


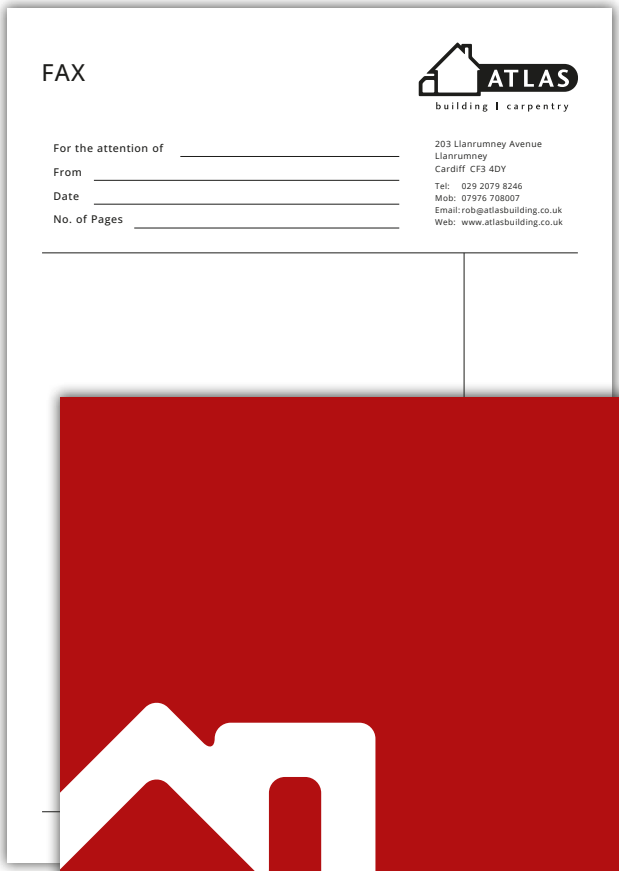


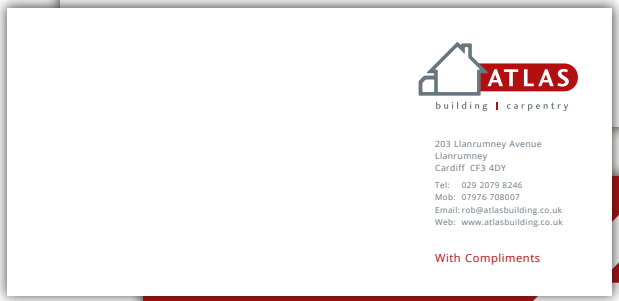


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STATIONERY & OFFICE ITEMS













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Mouka's Hydrotherapy
Rehabilitation and Fitness

Hydrotherapy Consent Form

Owner's Details

Name	
Address	
Telephone/Mobile	
Email	

Animal's Details

Name			
Age		Sex	
Breed		Colour	

Diagnosis	
Medication	
Investigations	
Pre-exisiting Condition	

I consent to this animal having a hydrotherapy assessment and appropriate treatment. I understand that the provision of professional indemnity insurance for this is the responsibility of Nichola Cutler.

Vet Practice			
Telephone/Mobile			
Email			
Vet's Name (print)			
Vet's Signature		Date	

Mouka's Hydrotherapy
Rehabilitation and Fitness

Nikki Cutler

07769 994351
nikki@moukashydro.co.uk
www.moukashydro.co.uk

Mouka's Hydrotherapy
Rehabilitation and Fitness

Hydrotherapy Consent Form

Terms, Conditions and Declaration

every care is taken of the dogs undergoing treatment, and in maintenance of the water and equipment, all dogs receive therapy treatment entirely at their owner's risk.
atment sessions, including those to be part of an insurance claim must be paid for in advance.
n fees will be charged in full if an appointment is broken or cancelled without 24 hours' notice.
will not be treated without the prior authorisation of their Veterinary Surgeon.
with infectious or contagious conditions, such as ear, eye or skin infections, gastric upset, etc. Will not be treated. Owners are advised cel all appointments until the condition is clear. Normal cancellation conditions will apply.
s that are in season will not be able to attend sessions until their season has finished.
Please ensure your dog's vaccinations are up to date and bring vaccination records to the initial appointment.

8. Owners are required to notify the hydrotherapist if the dogs' injury or condition worsens, or if the veterinary surgeon advises that the treatment is to be stopped or suspended.
9. I reserve the right to refuse treatment to any dog.
10. Owners are requested not to feed their dog for at least 2 hours before attending an appointment, and please ensure that your dog has emptied its bowels before their session (exercise area is available). A surcharge of **£20.00** will be made for dogs that defecate in the treadmill, as I will have to close down the machine to clean it. I also advise owners not to feed the dog before Hydrotherapy and for approximately 1 hour after treatment.
11. All dogs must be kept under control and be on a lead. Dogs unable to walk without assistance are exempt from this rule.
12. It is the owner's responsibility to clean up after their dogs whilst on the premises and the surrounding environment. Poop-scoop bags are available on request.
13. The Mouka's Hydrotherapy cannot be held r esponsible for any loss or damage to vehicles or personal property, loss or injury to any person or dog whilst on the premises howsoever.
14. Mouka's Hydrotherapy reserves the right to use video footage and photographic stills taken during sessions, but will always notify the owner should this occur
15. The floor in the treadmill area can become wet during hydrotherapy sessions, it is advisable to wear sensible shoes to avoid slipping.
16. Please ensure all dogs are clean and not muddy when they arrive for their session. If your dog is dirty and requires showering and shampooing then a **£15.00** charge will apply.
17. Only one dog at a time is allowed in the hydrotherapy room unless by prior arrangement and accompanied by the hydrotherapist.
18. In unforeseen circumstances Mouka's Hydrotherapy reserves the right to cancel any session. An alternative session will be offered or a full refund given. Please ensure I can always contact you by telephone.
19. I/we have read and fully accept Mouka's Hydrotherapy terms and conditions.

I/WE DECLARE THAT I/WE AM/ARE THE LEGAL OWNER(S) OF THE DOG NAMED ABOVE, AND THAT THE INFORMATION SHOWN ON THIS FORM IS CORRECT. FURTHER MORE I/WE HAVE READ AND FULLY ACCEPT THE TERMS & CONDITIONS PRINTED ABOVE.

Signature(s) _____ Date _____

Get in Touch
I'm here to help

Crosskeys Farm, Main Road South, Dagnall HP4 1QX
07769 994351
nikki@moukashydro.co.uk
www.moukashydro.co.uk

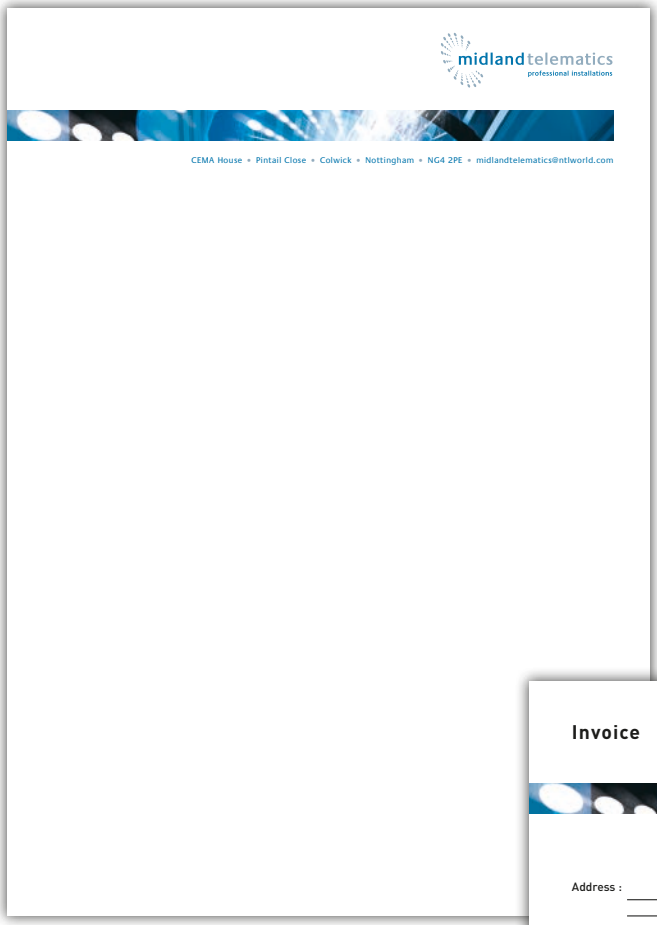
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STATIONERY & OFFICE ITEMS

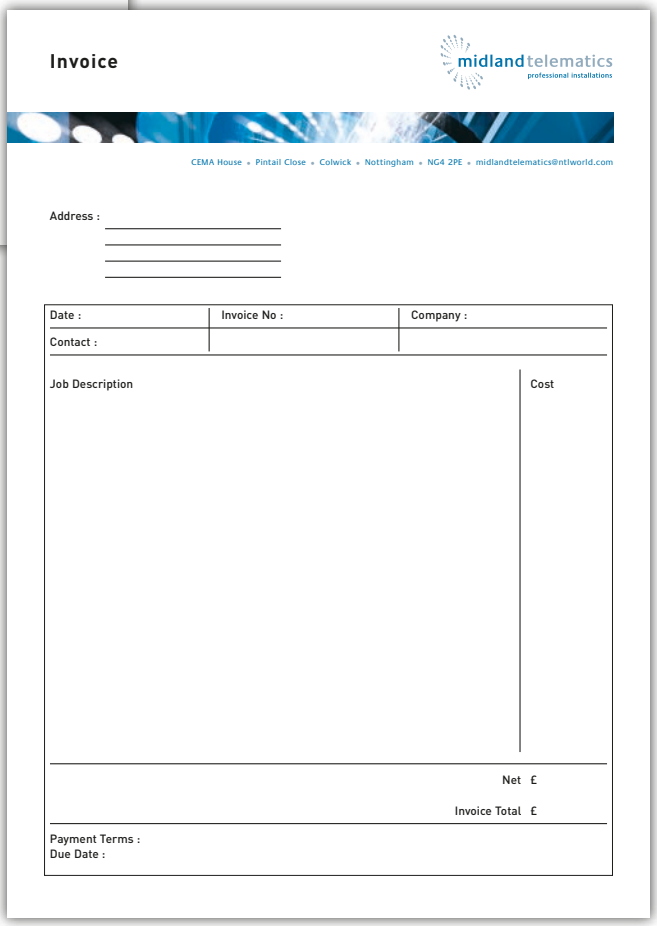


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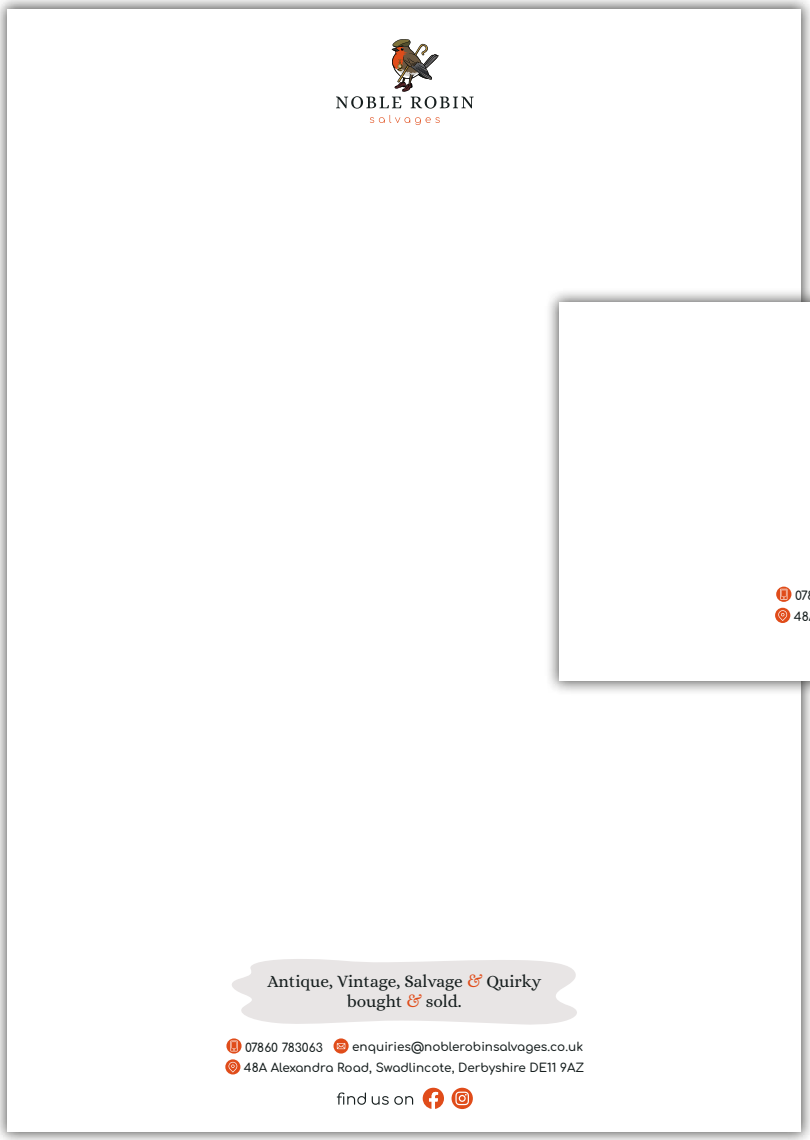




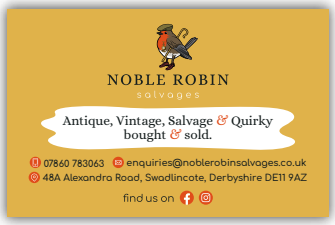


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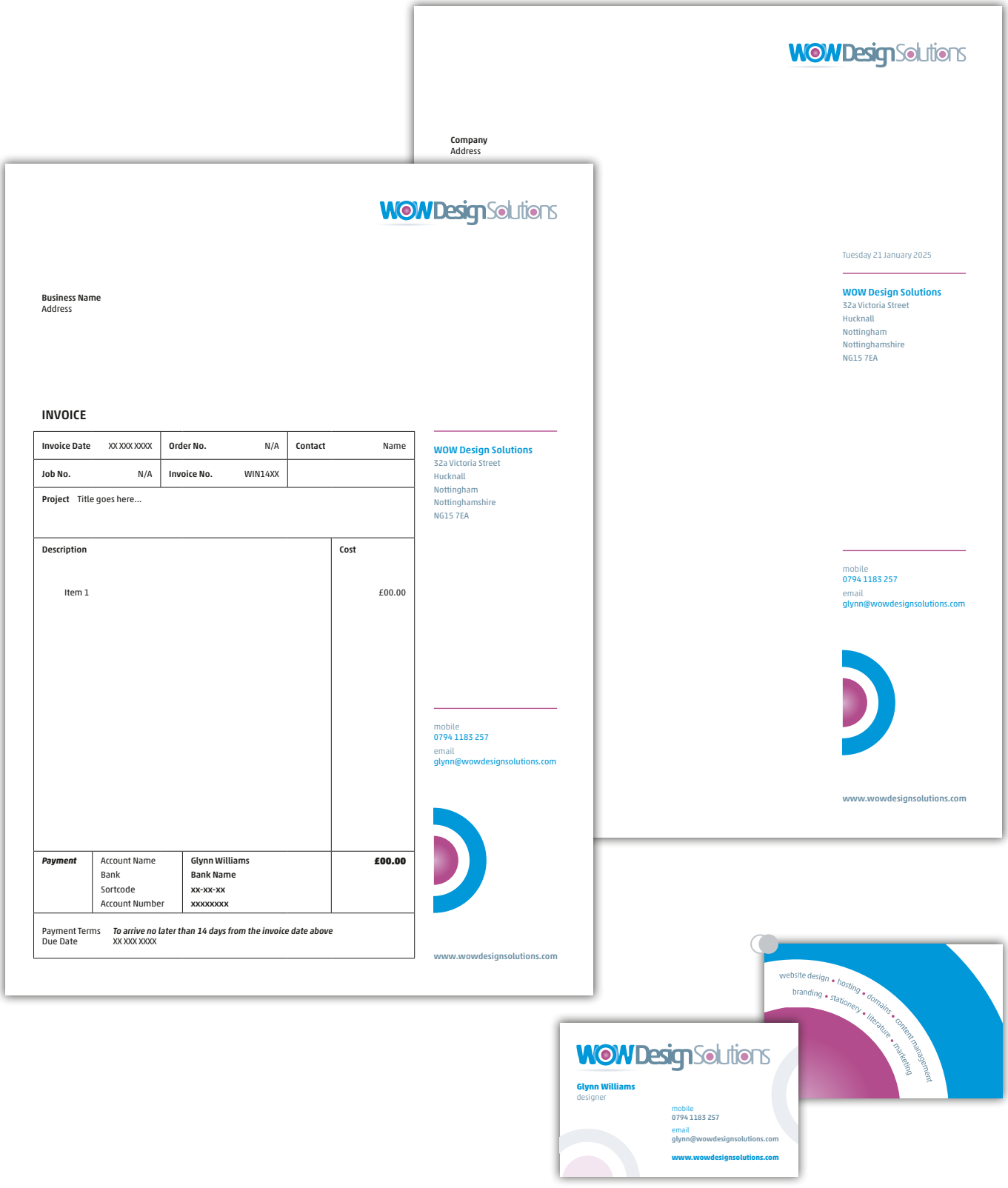


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STATIONERY & OFFICE ITEMS



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Pet Cremation Services

RainbowBridgePetCrematoriaLtd rainbow.bridge.pet.crematoria

Rainbow Bridge Pet Crematoria

Rainbow Bridge Pet Crematoria, a local family run compassionate pet cremation service nestled in a beautiful woodland setting. Our serene environment provides a peaceful space for honouring the memory of your beloved pet friends.



At Rainbow Bridge Pet Crematoria we understand that losing a pet is like losing a family member. Our mission is to provide a gentle and respectful farewell, ensuring that every pet receives the dignity they deserve on their final journey. We offer a range of services tailored to meet your needs, including:

Individual Cremation Your pet will be cremated alone, allowing you to receive their ashes returned in a beautiful urn of your choice.

Memorial Services We can help you create a meaningful tribute to celebrate the life of your cherished companion.

Support and Guidance Our caring team is here to provide support and guidance during this difficult time, helping you navigate the grieving stages.

We invite you to reach out for more information about our services. We are here to help you create a loving farewell for your pet in our tranquil woodland setting.

Fran Ashmore





01623 761835 / 07759 485280
fran@rainbowbridgepetcrematoria.co.uk
www.rainbowbridgepetcrematoria.co.uk

Stone Hills Farm, Acorn Ridge
Derby Road, Mansfield
Nottinghamshire NG18 5BN

inbow Bridge Costs

Rainbow Bridge Pet Crematoria

Services	Price
og Breed *(up to 10kg – i.e. bichon frise, sell terrier, French bulldog, toy poodle)*	£170.00
n Dog Breed *(10.1-20kg – i.e. British bulldog, beagle, border collie, odle)*	£190.00
og Breed *(20.1-35kg – i.e. labrador, d Poodle, boxer, dalmatian, standard er, Afghan hound, English pointer)*	£250.00
arge Dog Breed *(35.1-40kg – i.e. an, golden retriever, greyhoud, giant Rhodesian ridgeback)*	£280.00
ed over 40kg+ *(i.e. St Bernard, ndland, mastiff, bloodhound)*	£350.00

Other Pet Services	Price
Mini Pet *(i.e. goldfish, mouse, hamster, gecko etc.)*	£45.00
Small Pet *(i.e. chipmunk, lizard, rat, degu, chinchilla, hedgehog, bearded dragon, corn snake, guinea pig etc.)*	£95.00
Medium Pet *(i.e. parrot, ferret, chicken, cockerel, small rabbit etc.)*	£100.00
Larger Pet *(i.e. large tortoise, giant rabbit etc.)*	£135.00
Cat *(any breed)*	£130.00

Services	Price
Pet Collection / Return of Ashes *(within 10 mile radius of NG18)**	£45.00
Pet Collection ONLY *(within 10 mile radius of NG18)**	£25.00
Attended Cremation *(additional cost)*	£80.00
Same-day Cremation *(additional cost)*	£50.00

Additional Services	Price
Paw Casting	£40.00
Keyring with ashes	£15.00

Free Services	Price
Fur collection into a small jar	FREE
Paw/nose print, in ink, if possible	FREE

***Please contact us for pricing outside of the 10 mile radius.**

Your pet's ashes will be returned in a scatter tube. I do have a selection of ashes urns for sale if you prefer, and I'm also happy to place the ashes into an urn you have supplied free of charge. Please see the website or pop in to see examples (**appointment necessary**).

Ashes jewellery – please ask for details.

Please note – cremation will not take place until payment has been made, this can be made by cash, card, or bank transfer – **we do not accept cheques**.



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www.ikano.co.uk

With several million customers we are one of the UK's leading retail financial services companies.
We pride ourselves on providing products and services to customers that are smart, simple and fair.

IKA INSA52PP 2669

ple and secure on-line payments

ducing another easy way to make a storecard ent. Just follow these **3 simple steps**:

sit www.xxxxx
lect the 'Make a payment now' button
llow the on-screen instructions

u don't even have to pick up the phone!

£

ming soon, a smarter way to manage r storecard

soon be able to access your account whenever its convenient for you, **24 hours a day, 7 days a week**, with our new on-line account management service.

Check your balance, view statements & transactions, when you want to!

It's simple to set up, and easy to use:

- About to shop and want to check your balance?
- Not sure when your next payment is due?
- Want to view the latest cardholder offers?

Do your bit for the environment with no more paper statements.

Pre register for the fantastic new on-line account management service **NOW!**

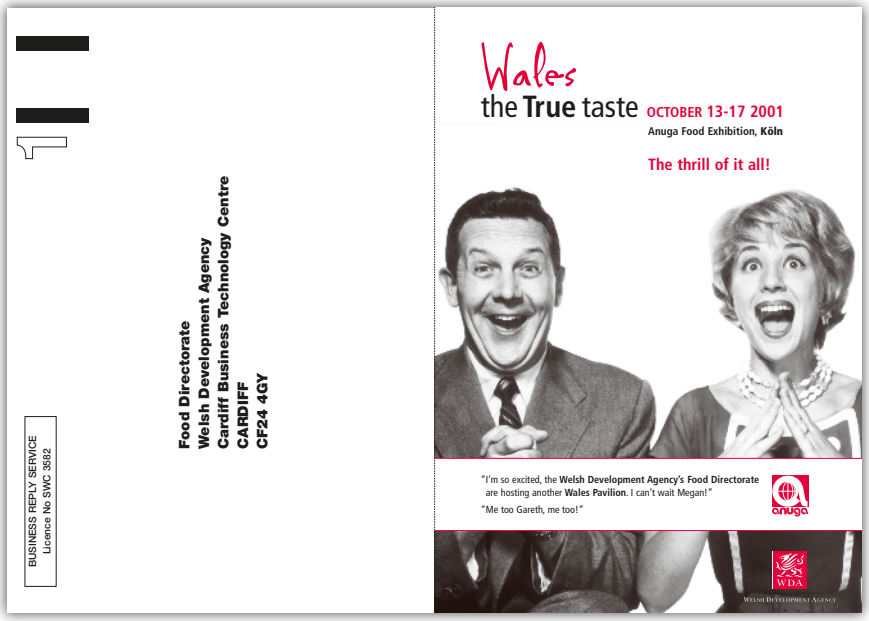
Register now at www.ikano.co.uk/account

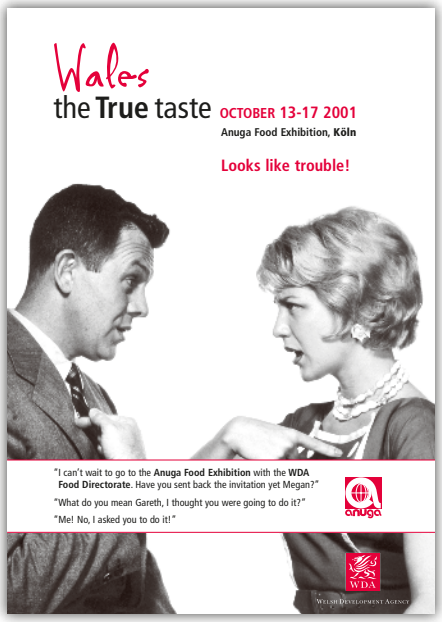
And soon you'll be a few clicks away from a more organised view of your finances, let us do the filing for you!

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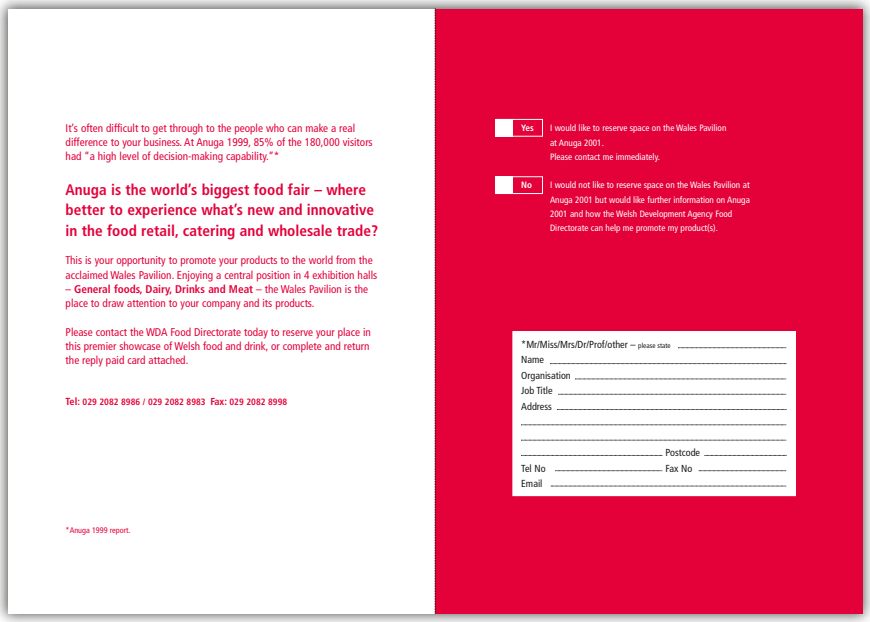


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WAKE SPRING LAKES

MAIN CABLE

To learn to wakeboard, see 2.0 cable details on the other page.

FULL CABLE – PAY TO PLAY

1 Hour Session £20
2 Hour Session £25
Day Pass £45

ANNUAL MEMBERSHIP

Gold £650
Silver (Off Peak) £450
Joining Fee £100

EQUIPMENT HIRE

Wetsuit £4 / Helmet £2 / Buoyancy Aid £2
Per Hour Wakeboard £12 / Kneeboard £10

DISCOUNT ON FOR UNDER 16'S, STUDENTS, BLUE LIGHT CARD HOLDERS AND SERVICE PERSONNEL. PLEASE SEE WEBSITE FOR DETAILS. OFF PEAK TIMES ARE MON-FRI EXCLUDING BANK HOLIDAYS.



Buy all your essential watersports equipment from our exclusive shop! We sell products from the top brands including Mystic, Liquid Force, Follow, Ronix and more!

WAKE SPRING LAKES

To browse our stock visit us in store or check out the online shop at shop.springlakes.co.uk. For additional information about our shop and wakepark contact sales@springlakes.co.uk

Spring Lakes Watersports Centre,
Pasture Lane, Long Eaton,
Nottingham NG10 2FZ

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2022 PRICE LIST



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/watersedgespringlakes
Pasture Lane, Long Eaton, NG10 2FZ

DRINKS

- Selection of teas
- Speciality hot chocolates
- Variety of barista coffees
- A wide selection of cold drinks

FOOD

All freshly made with locally sourced ingredients

- Chips
- Jacket potatoes
- Seasonal specials
- Snacks and ice creams
- Paninis
- Fresh sandwiches & salads
- Homemade pizzas
- Breakfast rolls



Coffee & Cake **DEAL!!** **£3**

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Y partneriaeth tu ôl i bestofruralwales.com

Partneriaeth rhwng Llwybr.Pathway, Cyngor Sir Caerfyrddin, Cyngor Sir Ceredigion, Cyngor Gwynedd, Cyngor Powys, Cyngor Sir Benfro, Cyswllt Busnes Gwynedd a Chymdeithas Wybodaeth Cymru yw 'bestofruralwales'.

Maent wedi gwneud e-fasnach yn realiti ar gyfer busnesau bychain ar hyd a lled Cymru wledig, ac wedi darparu cymorth gwerthfawr ar gyfer y safle.

LLWYBR.PATHWAY

GWYNEDD
Esyllt Thomas
Tel. 01766 770669

SIR BENFRO
Wanda Smith
Tel. 01437 776167

CYMDEITHAS WYBODAETH CYMRU
Simon Lavin
Tel. 01443 845825

CEREDIGION
Jane Norris
Tel. 01239 621485

CAERFYRDDIN
Olwe Jones
Tel. 01269 590200

POWYS
Nia Jones
Tel. 01597 827589

'Screensavers' ar gael yn rhad ac am ddim

Ewch i bestofruralwales.com a helpu eich hun i un o'r 'screensavers' yma. Wedi eu creu i'ch atgoffa o Gymru hardd – cartref y cynnyrch traddodiadol ar ddangos ar y safle.





Gobaith i'r Rhyngrwyd droi St. Florence yn "gaws mawr".

Am y pedwar mlynedd diwethaf, mae pobl wedi ymweld a Ffarm Ivy Tower, yn agos i Ddinbych-y-pysgod yn Sir Benfro i weld sut mae caws 'go iawn' yn cael ei wneud – o waith llaw a gyda llaeth amhasteuraidd gwartheg a gafr ... a gyda dim cyflasynnau na llwiad artiffisial o gwbl. Gall ffyddloniaid caws go iawn ar hyd a led y byd gael cipolwg ym mharlwr caws Peter gyda help y we – diolch i gynllun sydd yn dod a'r gorau o gynnyrch Cymraeg o fewn golwg cynulleidfa byd eang.

I Peter a'i wraig Gaynor, mae safle we bestofruralwales.com yn cynnig ffordd o roi eu busnes ar y map – a dadgloi marchnad newydd enfawr i'r nifer o farfhau o gaws ar gael gan St.Florence, yn cynnwys caws Caer, Caerffili, Wensleydale a Normandi, ac hefyd rhai Cymreig go iawn yn cynnwys cennin a pherlysiau, ac o wahanhol cryfderau.



Peter Quin gyda'r wên sy'n dweud fod gwerthu caws ar y we yn grêt.

Gwnewch gysylltiad i bestofruralwales.com

Pam na wnewch chi roi cysylltiad i bestofruralwales.com ar eich safle gwe eich hun? Mi fydd yn cynnig rhywbeth ychwanegol i'ch ymwelwyr, ac mi fyddwyn yn hapus i roi cysylltiad atoch chi ar ein safle ni. Mudiadau ar gyfer y Cymraeg ar waegar o gwmpas y byd yw'r safleoedd amlwg, on mae croeso i bawb!



Wedi ei gyhoeddi gan Best of Rural Wales, Llwybr.Pathway, Ty Ladywell, Y Drenewydd, Powys SY16 1JB. Y Deyrnas Unedig

www.bestofruralwales.com

Ffenestr ar y byd i fusnesau gwledig Cymreig drwy safle we newydd



Poster o ymgyrch marchnata lawns bestofruralwales.com.

Mae cydweithrediad unigryw rhwng y sectorau preifat a cyhoeddus yn cynnig "ffenestr ar y byd" i fusnesau gwledig Cymreig: safle we o'r enw "bestofruralwales.com" sydd a'r pwrpas o werthu eu nwyddau, a'u lawnsio i mewn i e-fusnes.

O fewn ychydig fisoedd o lawnsio'r safle, mae 'bestofruralwales.com wedi cael ymweliadau o wledydd ar draws y byd, gan gynnwys Siapan, Mecsico, Y Gweriniaeth Czech, Twrci, Norwy, Hwngari, Y Flindir – a hyd yn oed y genedl Tawelfor bychain Tonga.

Gall y nifer cynnyddol o ymwelwyr deithio drwy'r safle i ddarganfod amrywiaeth cyfoethog o gynnyrch ar gynnig gan gwniau Cymreig – o fwyd a diod organig i gynnyrch aromatherapi a chrochenwaith, ac o bedolau gwahanol a clociau lledr i greftiau llechi a pheintiadau bywyd gwyllt.

Yn ymladd am sylw'r cwsmer mae cerfluniau, cynnyrch adeiladu naturiol, gamwaith a chymhorthion anabledd, yn ogystal a chaws arbennig, sawsiau dwyreiniol a dodrefn.

I'r busnesau sy'n ymuno a'r safle, mae'n hollol rhad ac am ddim – yn gallugoi hyd yn oed y lleaf o fusnesau i ymuno a chwyldro'r Rhyngrwyd.

Partneriaeth rhwng Llwybr.Pathway, Cynghorau Sir Caerfyrddin, Ceredigion, Gwynedd, Powys a Sir Benfro, Cyswllt Busnes Gwynedd a Chymdeithas Wybodaeth Cymru – sydd wedi gwneud y cynllun yn bosib. Mae cyllid hefyd wedi dod o Gynulliad Cenedlaethol Cymru.

"Nid yn unig yw'r safle yn creu mwy o werthiant ar gyfer busnesau Cymreig", dywedodd Cyfarwyddwr y Cynllun, Lindsey Jones, "ond yn dangos i'r byd yr helaeth cyfoethog ac amrywiol o gynnyrch o safon sydd ar gael o Gymru – tua 1,500 cynnyrch gwahanol ar y cyfrif olaf.

Ond nid yw'r cwsmeriaid nes i gartref wedi eu anghofio: mae'r safle yn ddwyieithog, yn galluogi'r Cymro i ddefnyddio'r safle heb anhawster.

Wedi ei barhau ar tudalen 2

Gwynedd chess set maker looks to web to pick up the pieces

"As far as we know this is a novel approach to selling on the web – a totally free service for businesses made possible by the co-operation and support of nine different public organisations," says Lindsey.

"This is a recognition that it's in everyone's interests that small businesses are encouraged to develop in the rural environment. These businesses support thousands of people who have chosen to live – and work – in one of the most beautiful parts of the world, but where it can prove difficult to get passing trade.

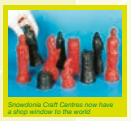
"The Internet is the perfect solution, but the cost of setting up and marketing an individual site can be prohibitive – especially if you have to go through the rigorous procedures involved in establishing on-line facilities to sell on-site. By working together, we have created a vehicle for all these businesses."

For the vast majority of the enterprises now on the site, this will be their first venture into e-business, but the project organisers hope that it will be the stepping stone to a much greater involvement. Says Lindsey: "We'll be there to support businesses who – once they get a taste for selling through the web – want to expand their horizons and develop their own site and link it into bestofruralwales.com

"Although we are still in the early days, we've been astonished at where the site visits – and orders – are coming from. Some have obviously come from people finding us through the usual search engines. But on top of that, we are finding that it is becoming increasingly popular with first and second generation Welsh people living overseas. Where else could they see such an array of traditional Welsh crafts – and Welsh culinary delicacies? It is obviously giving them a 'taste of home'!

"From beeswax and bicycles to woolly jumpers and Welsh bara brith, it's all here," says Lindsey Jones. "Some of the very best that Wales has to offer is now just a mouse click away."

The site can be accessed by logging on to: www.bestofruralwales.com



Snowdonia Craft Centres now have a shop window to the world

Snowdonia Crafts Centres has created a special niche for itself over the last 25 years, making chess sets made from crushed stone from local mountains which is then mixed with resin. Anyone wanting to play chess and, at the same time, remind themselves of old national rivalries, can choose between sets modelled on historic Welsh, Irish, English and Scottish figures... Henry VIII and Sir Francis Drake pitted against Braveheart Sir William Wallace and Robert Knox or Llewellyn the Great and his wife Joan. Druids, Welsh castles, the Tower of London and ancient warrior chieftains all figure in the sets, which typically retail for around £65.

The chess sets are now proving extremely popular amongst ex-pats all over the world – who are ordering them through the bestofruralwales.com web site. They are typical of the products that Welsh people living elsewhere in the UK or overseas are now buying.

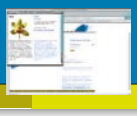
A quick look at www.bestofruralwales.com

bestofruralwales.com provides access to a fabulous range of products from the heart of Wales. They are arranged in the following nine categories:

- Arts & Crafts
- Fashion & Clothing
- Gifts & Romance
- Home & Garden
- Sports & Fitness
- Books & Multimedia
- Food & Drink
- Health & Beauty
- Hobbies & Interests

The site is particularly easy to use. Simply browse through the catalogue or employ the search facility to find a particular product you have in mind.

At any time, you can add a product to your personal wish-list or to your shopping basket. You can also order from any number of merchants on the site with just one order. Confirmation of your order is automatically sent back to you for your records and at all times your credit card payment details are protected in a secure environment.







www.bestofruralwales.com

Shouldn't your small business be part of www.bestofruralwales.com?

What's in it for you?

- without cost, you can 'have a go' at selling your products via the Internet
- you will gain hands-on experience of what e-commerce is all about
- you will be part of a large regional marketing programme

What does bestofruralwales.com offer?

- a web site for all participating small businesses and their goods
- secure credit card payment facilities for on-line purchase of goods
- a single Internet bank account to process payments
- a single enquiry point for consumers
- an E-commerce Co-ordinator in your County to assist you every step of the way
- a strong brand for the products of rural Wales

What should you do next?

If you are interested, simply contact the E-commerce Co-ordinator for your County at the number shown below. Without committing yourself in any way, you will be provided with full details on how to join this exciting programme.

Participation criteria – Your business must:

- be located within the 5b Region of Rural Wales
- employ no more than 10 people
- have no existing on-line credit card facilities
- have a bank account

Best of Rural Wales County Co-ordinators:

Ceredigion
Jane Norris
01239 621485

Carmarthenshire
Debbie Smythe
01269 590271

Powys
Stephen Head
01597 827258

Gwynedd
Esyllt Thomas
01286 882754

Pembrokeshire
Wanda Smith
01437 776167

Further information may be obtained from Lindsey Jones (Project Director) at Best Of Rural Wales, Llwybr.Pathway, Ladywell House, Newtown, Powys SY16 2DJ

Tel: 01686 610430
Web: www.bestofruralwales.com
E-mail: info@llwybr.org.uk

Furniture maker takes cottage industry worldwide



How do people who want to live and work in the idyllic surroundings of rural Wales reach their marketplace? In the case of Simon Moorhouse and Veronica Hollis, whose highly sought-after furniture – created in a quiet corner of Powys – can fetch up to £5,000 a piece, it's through that most modern of mediums: the world wide web.

For Veronica and Simon, the new web site is proving a way to reach audiences they could never hope to reach any other way. "Many of the people we are looking to sell to will happily browse on the web to see what is available," says Veronica. "That can lead directly to a sale, or encourage them to take a closer look at what we have to offer."



Veronica Hollis has taken traditional craft on to the internet

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- GENERATE AN INCOME THROUGH SOLAR PANELS
- GUARANTEED INCOME FOR 20 YEARS
- REDUCE YOUR CARBON FOOTPRINT



Arnold Electrical AE Eco Energy

Contact us today
0115 920 9816
www.aeecoenergy.co.uk

Arnold Electrical (Eco Energy)
Aggregate House, 50 Church Street
Basford, Nottingham
Nottinghamshire NG6 0GD

APPROVED INSTALLER

SOLAR PANEL INSTALLATIONS



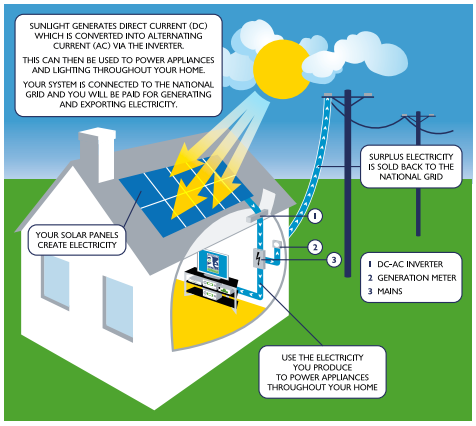
EARN MONEY BY GENERATING
YOUR OWN ELECTRICITY.
GUARANTEED FOR 20 YEARS.

YOUR LOCAL
SOLAR PANEL INSTALLERS
ESTABLISHED 1994

REDUCE YOUR CARBON FOOTPRINT, REDUCE YOUR ENERGY BILLS AND GET PAID FOR GENERATING ELECTRICITY

What are Solar Photovoltaic (PV) panels and how do they work?

PV stands for 'photovoltaic', photo means light and voltaic refers to volt, a unit of electrical force. Put simply, Photovoltaic is the creation of a voltage in a material when it is exposed to the light. Solar electricity systems capture the suns energy using photovoltaic (PV) cells. The cells convert the sunlight into electricity for use in the home, for things like appliances and lighting, reducing the amount of electricity you buy from your electricity supplier.



Benefits of Solar PV panels:

The key benefits of installing a solar PV system are:

- You will receive an income for the electricity you produce plus an additional amount for importing anything you do not use back into the national grid
- You will be generating and enjoying green electricity for your home
- Solar panels are financially very attractive, you will receive guaranteed incentives for 20 years – all of which are index linked and tax free
- Solar panels come with product and installation warranties, with very little maintenance
- PV panels could increase the value of your home

Feed In Tariffs (FITs):

Feed in Tariffs (FITs)* are payments made by the energy companies to anyone who installs a system to generate their own electricity. Anyone who installs a PV system is guaranteed a fixed payment for all the electricity they generate, including what they use and what they do not use, for a guaranteed period of 20 years. Backed by the government, these tariffs are aimed at increasing the amount of renewable energy produced and used in the UK. FITs are a substantial financial incentive for those choosing to generate their own electricity.



How the scheme works:

If you are eligible to receive the FIT then you will benefit in 3 ways:

1. **Generation Tariff** – a set rate paid by the energy supplier for each unit (or kWh) of electricity you generate. This rate will change each year for new entrants to the scheme, but once you have joined you will continue on the same tariff for 20 years for solar electricity.

2. **Export Tariff** – you will receive an additional payment from your energy supplier for each unit you export back to the electricity grid. This accounts for all the electricity you DO NOT use.

3. **Energy Bill Savings** – you will be making savings on your energy bills and producing your own electricity, therefore will not be buying as much from your energy provider. The amount you save will vary depending how much of the electricity you use on site. You can only use the electricity whilst it is being produced i.e. during daylight hours.

Designs © copyright G Williams

With thanks to all the generous people who have left a legacy to Framework in their Will.

In their memory Framework has been able to build and equip new services, opening doors to thousands of homeless and vulnerable people.

We are tremendously grateful and often left in awe at their generosity.

Framework Housing Association
Ground Floor
Maville House
Beech Avenue
Nottingham
NG7 7LS

Website: www.frameworkha.org
Telephone: 0115 841 7711

Registered Charity Number 1060941.
A Company Limited by Guarantee 3318404.
RSL No. LH4 184.

framework

Will you make a
difference
after you've gone?



A short guide to remembering Framework in your Will

framework

Will you make a difference after you've gone?

By leaving a gift to Framework in your Will you are helping to build a better future for local homeless and vulnerable people – maybe near where you were born or where your family lives now.

With your support we can:

- Provide emergency accommodation, day centres and street outreach support for people in emergency need.
- House people in specialist services and start tackling the reasons they became homeless in the first place – like substance misuse or poor mental health.
- Prevent people from becoming homeless by working with vulnerable people in their own homes to tackle the issues which cause homelessness.
- Give vulnerable people the opportunity to learn, train and develop the skills they need to move away from homelessness forever.

Why should I make a Will?

Making a Will is the only way you can make sure your wishes are carried out after you have gone. If you do not make a Will part of your estate could go to someone you did not intend. What's more, remembering a charity in your Will can mean that money goes to your favourite causes rather than to Revenue & Customs.

Estates worth more than £312,000 (the nil rate in April 2008) are taxed at 40% (the current rate at Jan 2008). Leaving a charitable legacy is one way you can significantly reduce the Inheritance Tax liability on your estate whilst also helping causes you really care about.

Wills are not just about passing on assets either: instructions can also be given about funeral arrangements, and who you appoint as guardians to any children you and any partner may leave behind.

How do I go about writing a Will?

Though some people choose to make their own Will, we advise that you seek professional advice from a legally qualified Will writer. If, after your death, there is a problem with the drafting or formalities of the Will this may prevent your wishes being carried out. A simple single Will costs less than you might think – and can be less than £200' (Sept 08).

Framework cannot recommend a particular solicitor. A list of local solicitors who offer a Will writing service can be found on the enclosed insert. You may want to choose from this list or search more widely.

Other Sources of information about solicitors:

- The Citizen's Advice Bureau (CAB) should be able to provide a list of local solicitors. CAB are listed in the telephone directory.
- The Solicitors Regulation Authority – 0870 606 2555 (national call rate), www.sra.org.uk – can provide details of solicitors in your area, including those who specialise in wills and probate.
- You can also find details of local solicitors in the phone book, or from the Solicitors' Regional Directory which should be available in your local library.
- You might also want to consider Will Aid. Will Aid offers you the opportunity to have your Will professionally drawn up by a solicitor, but instead of paying their usual fee you can make a donation to help some of the UK's best loved charities. Local solicitors are often involved. Their website can be found at: www.willaid.org.uk



How do I include Framework in my Will?



It is easy to leave a gift to Framework in your Will. If, after providing for loved ones, you can consider a gift to charity your solicitor will be able to tell you how to do this.

If you already have a Will, speak to your solicitor about adding a gift to charity without having to re-write it simply by adding a Codicil.

There is no specific wording we require: the most important things to include are the amount you want to donate, our registered charity number (1060941), our name (Framework) and our address (Ground Floor, Maville House, Beech Avenue, Nottingham NG7 7LS).

It is also often a good idea to discuss your wishes with your friends and family so they also know of your intention to include a charitable gift in your Will.

No matter what the size of your gift, we will always work hard to ensure that it goes as far as possible in changing the lives of some of the most vulnerable people in society.



This is Russell House in Newark. A gift left in someone's Will helped Framework to complete this building which now houses 15 local homeless people each night.

framework

Informing Framework

It is really helpful to know if you intend to leave a gift to Framework in your Will. Having this helps us to understand future funding possibilities and, most importantly, to discuss how you would like your gift to be used.

Please let us know of your intentions by completing and returning the slip below.

I intend to leave a gift to Framework in my Will

Title: _____ Forename: _____ Surname: _____

Address: _____

_____ Postcode: _____

Date of Birth: _____

Thank You

Please return to: Framework, Maville House, Beech Avenue, Nottingham, NG7 7LS

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Which Nokia phone fits your future?

Introducing the new Nokia 3330, Nokia 8310 and Nokia 9210. Plus a preview of the Nokia 5510

ORIGINAL NOKIA ACCESSORIES

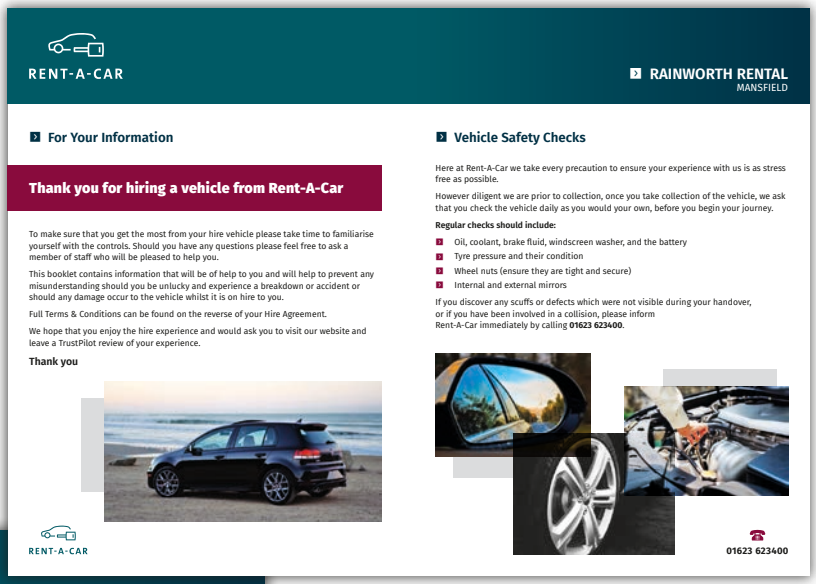


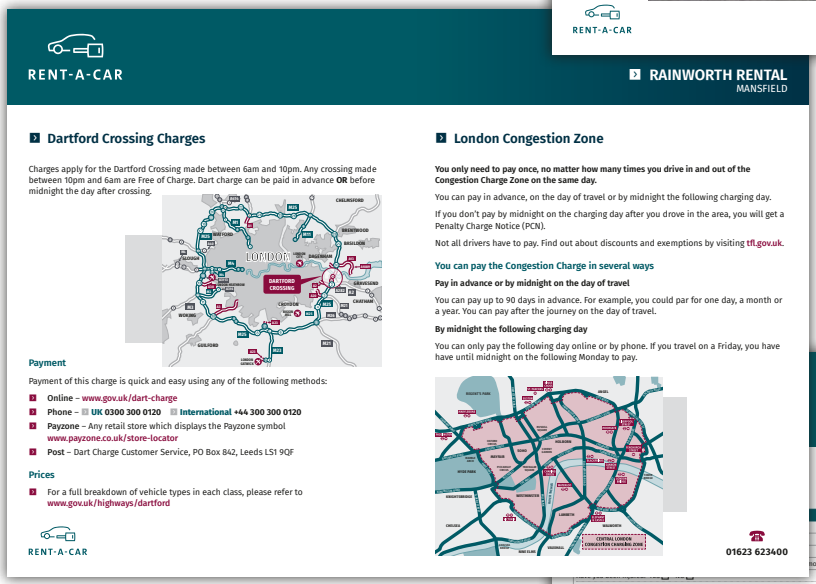
NOKIA
CONNECTING PEOPLE

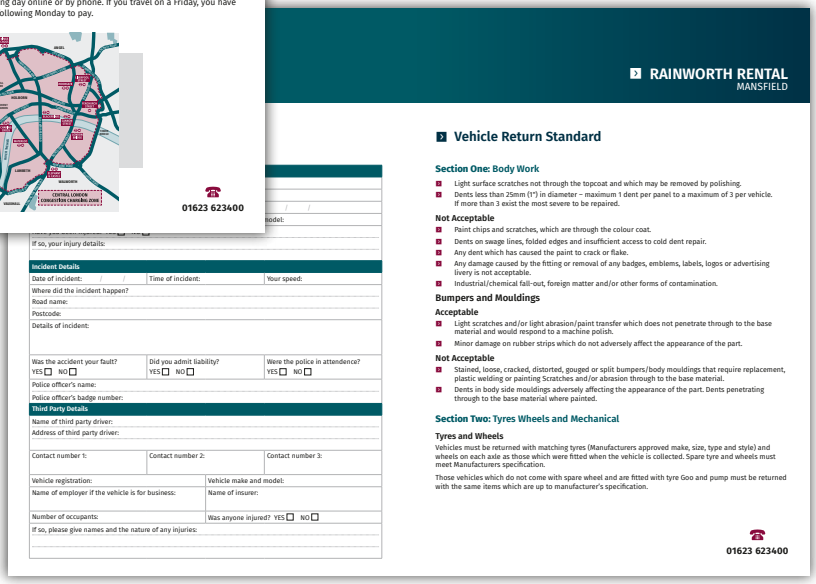
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BROCHURES & FOLDERS



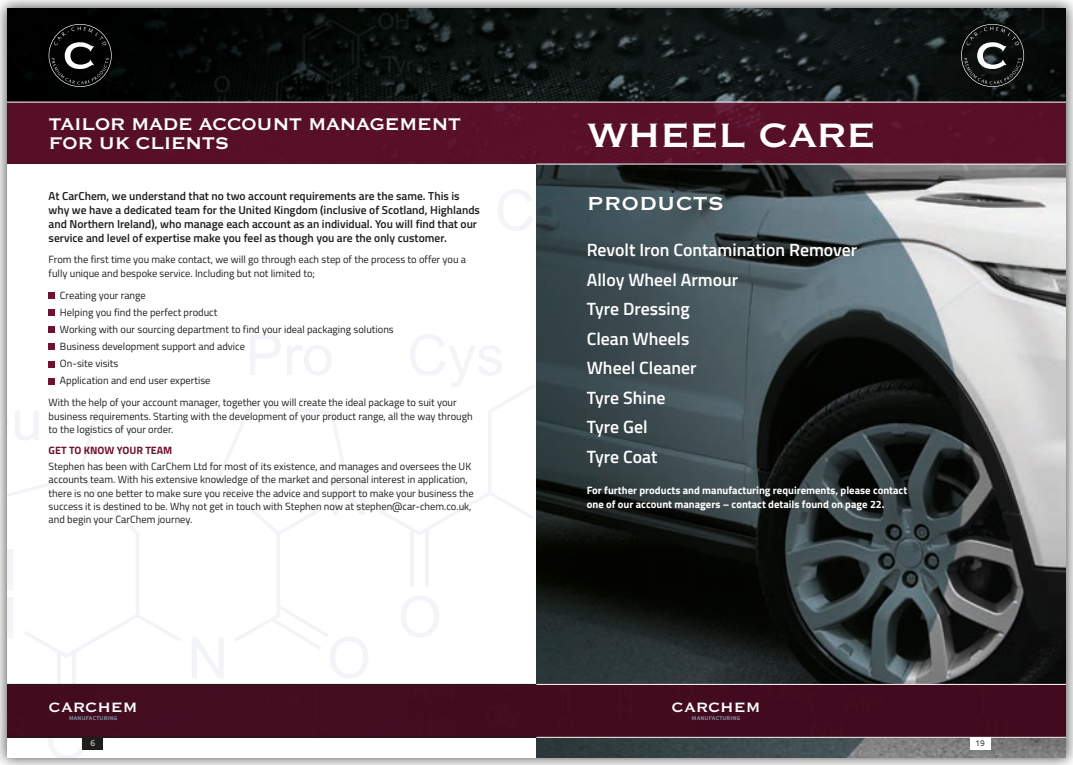






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TAILOR MADE ACCOUNT MANAGEMENT FOR EXPORT CLIENTS

At CarChem, we understand that no two account requirements are the same. This is why we have a dedicated team for the United Kingdom (inclusive of Scotland, Highlands and Northern Ireland), who manage each account as an individual. You will find that our service and level of expertise make you feel as though you are the only customer.

From the first time you make contact, we will go through each step of the process to offer you a fully unique and bespoke service. Including but not limited to;

- Creating your range
- Helping you find the perfect product
- Working with our sourcing department to find your ideal packaging solutions
- Business development support and advice
- On-site visits
- Application and end user expertise

With the help of your account manager, together you will create the ideal package to suit your business requirements. Starting with the development of your product range, all the way through to the logistics of your order.

GET TO KNOW YOUR TEAM

Stephen has been with CarChem Ltd for most of its existence, and manages and oversees the UK accounts team. With his extensive knowledge of the market and personal interest in application, there is no one better to make sure you receive the advice and support to make your business the success it is destined to be. Why not get in touch with Stephen now at stephen@car-chem.co.uk, and begin your CarChem journey.

CARCHEM MANUFACTURING

8

INTERIOR

PRODUCTS

Leather Cleaner
Leather Cream
Leather Oil
Leatther Balm
Fabric Cleaner
Multi-Clean
Interior Shine
Upholstery Cleaner
Vinyl Cleaner
Rubber & Vinyl Protectant
Stain Remover
Odour Eliminator
Air Freshener

For further products and manufacturing requirements, please contact one of our account managers – contact details found on page 22.

CARCHEM MANUFACTURING

17

EXTERIOR

PRODUCTS

Snowfoam
1900: Shampoo
Glue & Tar Remover
High-Shine Paint Protector
Metal Polish
TFR
Quick Detail
OB Glaze
Hydrocoat

For further products and manufacturing requirements, please contact one of our account managers – contact details found on page 22.

CARCHEM MANUFACTURING

16

INTERNAL SOURCING DEPARTMENT

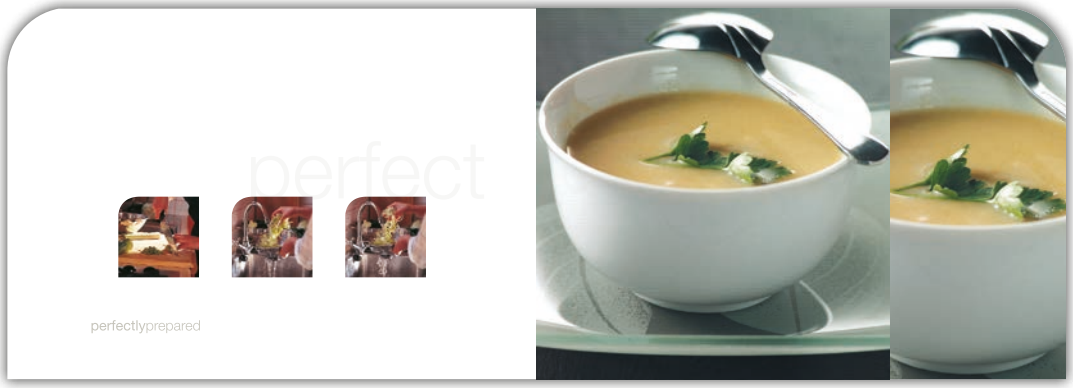
CARCHEM MANUFACTURING

9

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WalesTrade International is a major driving force in helping Welsh companies establish themselves in overseas markets, and in forging alliances with counterparts worldwide. We offer focused and co-ordinated support to develop your export skills, identify potential trade partners and grasp the many international opportunities which could be available to your business.

Mae MasnachCymru Rhyngwladol yn un o'r prif ysgogwyr i helpu cwmniau Cymru sefydlu eu hunain mewn marchnadoedd tramor, ac i ffurfio cynghreiriau gyda chymheiriaid ledled y byd. Rydym yn cynnig cefnogaeth sydd wedi'i ffocysu a'i gydlynu i ddatblygu eich sgiliau allforio, i adnabod partneriaid masnach posibl a manteisio ar y cyfleoedd rhyngwladol niferus a allai fod ar gael ar gyfer eich busnes chi.



WalesTrade International, Cathays Park, Cardiff CF10 Telephone 029 2082 1674. Fax 029 2082 3964. Email alyson.llewellyn@wales.gsi.gov.uk Website www.walestrade.com
MasnachCymru Rhyngwladol, Cathays Park, Caerdydd CF10 Ffôn 029 2082 1674. Ffacs 029 2082 3964. E-bost alyson.llewellyn@wales.gsi.gov.uk Website www.walestrade.com

ExportAssist

Practical help for business.

Time to get fit to export.
Here's your key to success.

CymorthAllforio

Cymorth ymarferol ar gyfer busnes.

Time to get fit to export.
Here's your key to success.

PROJECT PART-FINANCED BY THE EUROPEAN UNION
European Regional Development Fund

ExportAssist

Practical help for business.

Does your business qualify for assistance?

To qualify for ExportAssist input into your business, you will need to satisfy some simple criteria. A check-list is provided below and if you can answer 'YES' to each question, you almost certainly qualify. Even if you answer 'NO' to some questions, it is worth checking with us to see if some other form of assistance can be provided.

ExportAssist Qualification Check-List

Is your business in an Objective 1 area of Wales? (For guidance, the map shows where Objective 1 areas are)	☐ YES	☐ NO
Do you have fewer than 250 employees?	☐ YES	☐ NO
Do you have either:		
• an annual turnover not exceeding 40 million Euro? **or**	☐ YES	☐ NO
• an annual balance-sheet total not exceeding 27 million Euro?	☐ YES	☐ NO
Is it true that no more than 25% of your company is owned by larger companies?*	☐ YES	☐ NO

* An exception to this condition is provided for, "...enterprises held by public investment corporations, venture capital companies or institutional investors, provided no control is exercised either individually or jointly."

Objective 1 areas of Wales



Map reproduced with kind permission of the Welsh European Funding Office

Programme Registration Form

I would like to register my company's interest in joining the ExportAssist programme

Company Name _____
Address _____
_____ Postcode _____
Tel _____ Fax _____
Email _____
Products/services _____
Name _____
Position _____
Date _____

PROJECT PART-FINANCED BY THE EUROPEAN UNION
European Regional Development Fund

WalesTrade International, Cathays Park, Cardiff CF10 3NQ. Telephone 029 2082 1674. Fax 029 2082 3964.
Email alyson.llewellyn@wales.gsi.gov.uk Website www.walestrade.com

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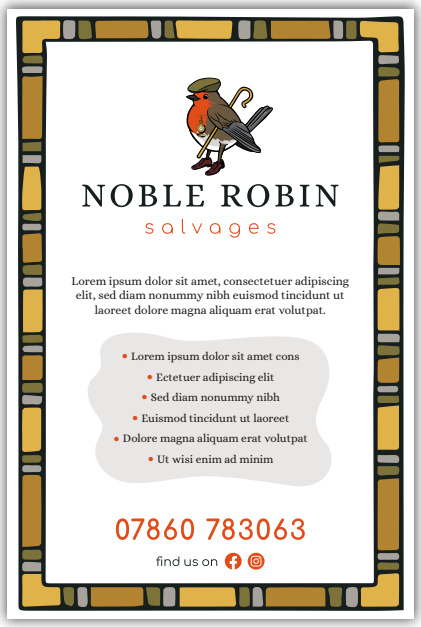
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07860 783063

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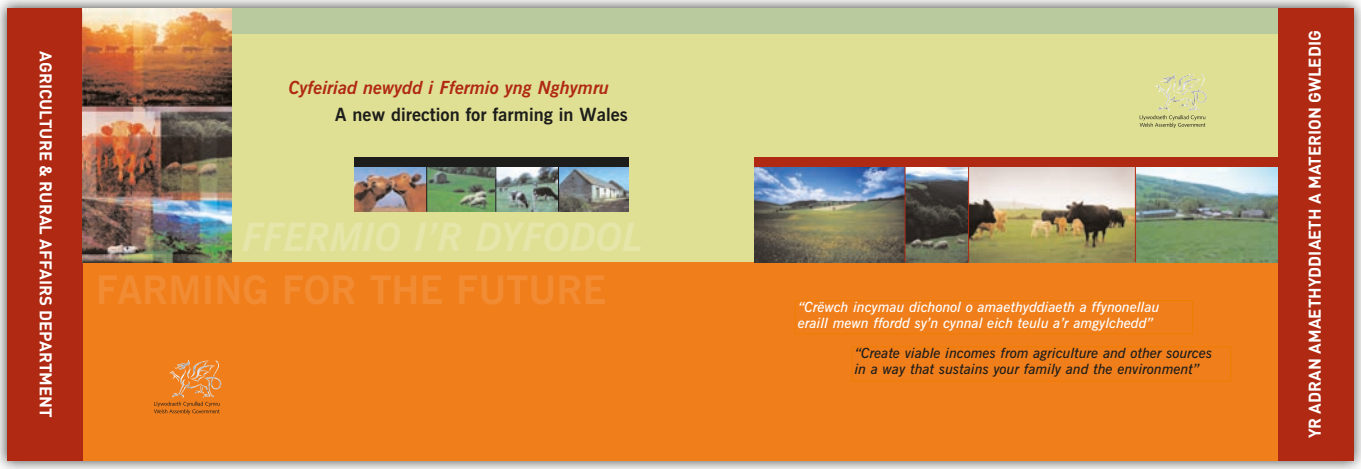








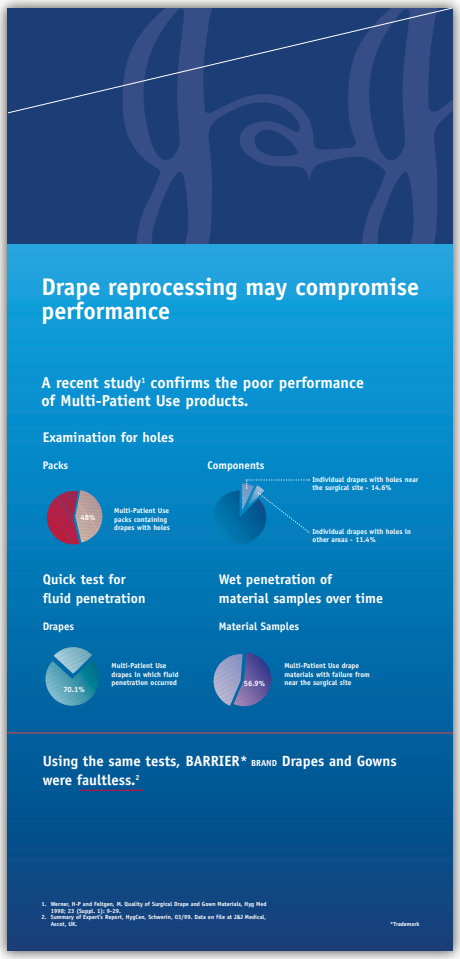
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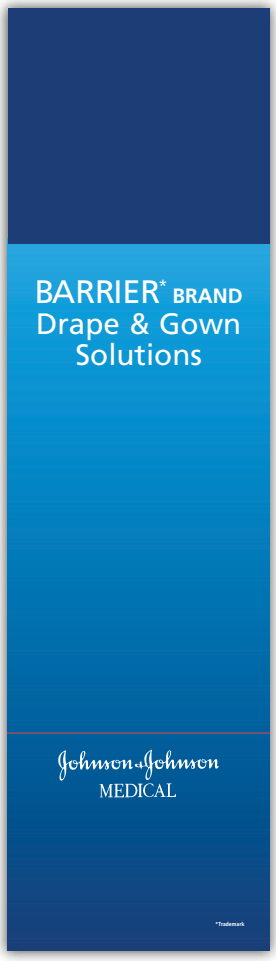




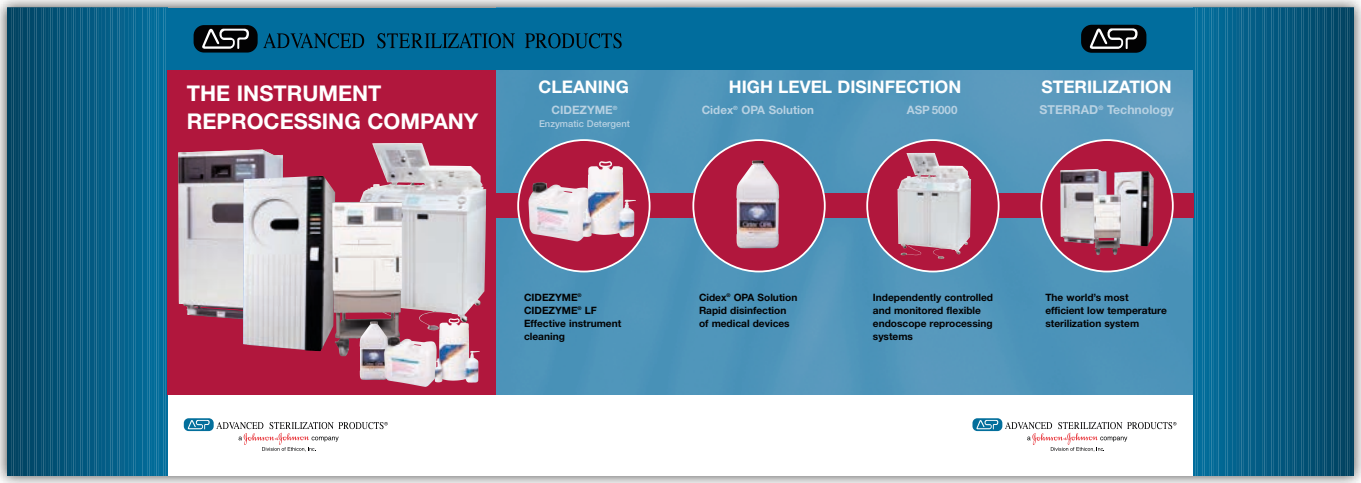
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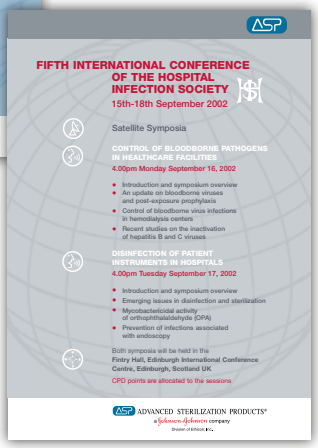
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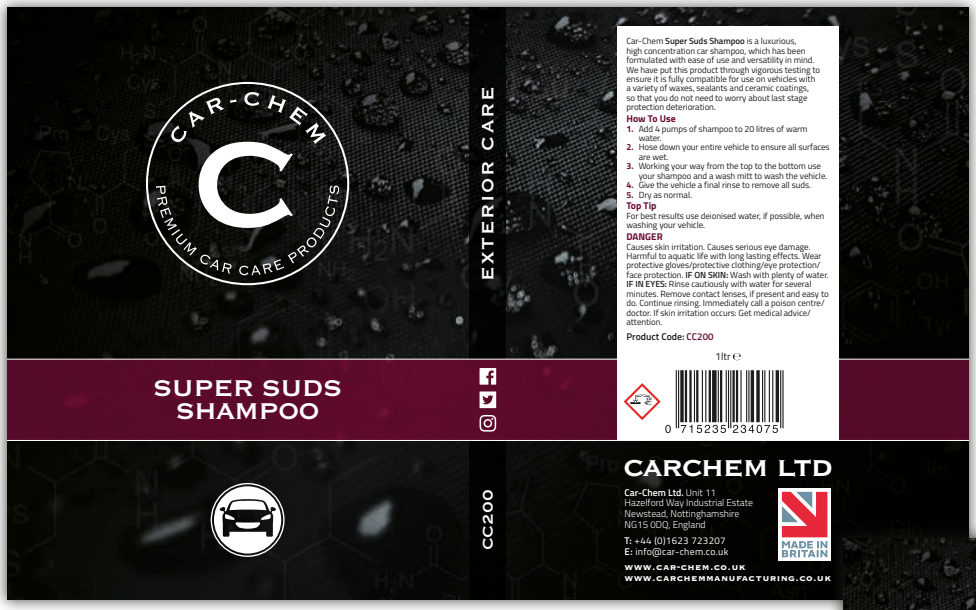


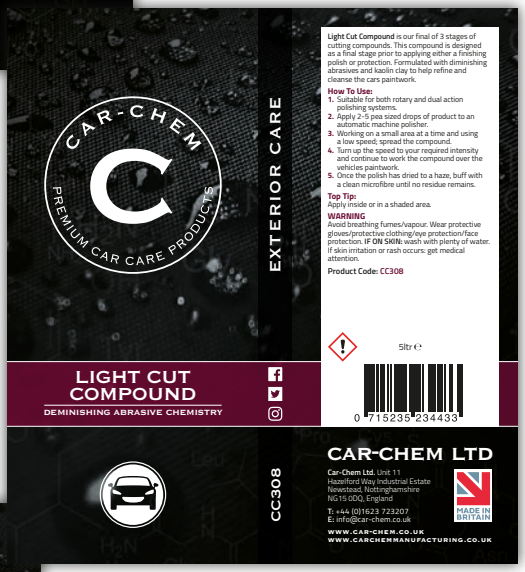




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PACKAGING & POS







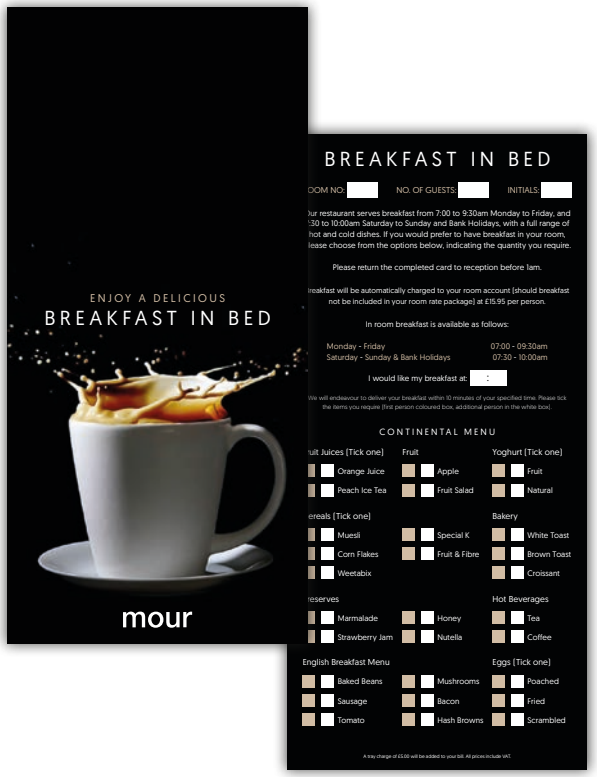




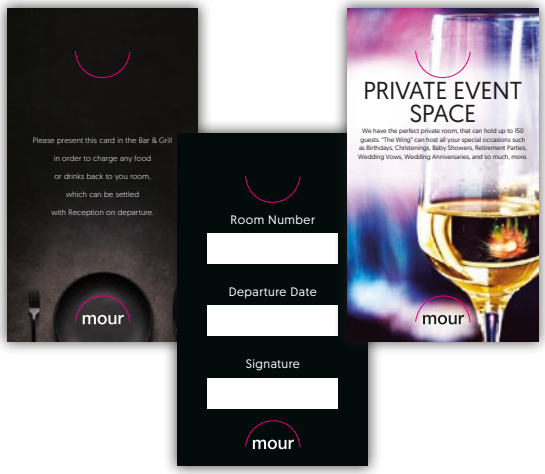




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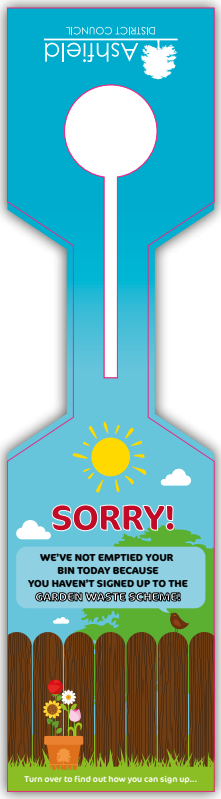




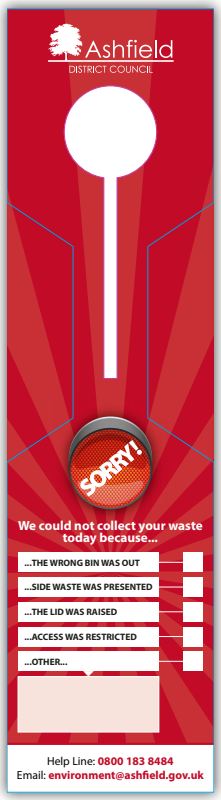




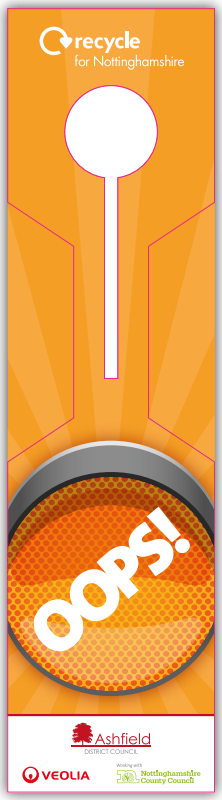
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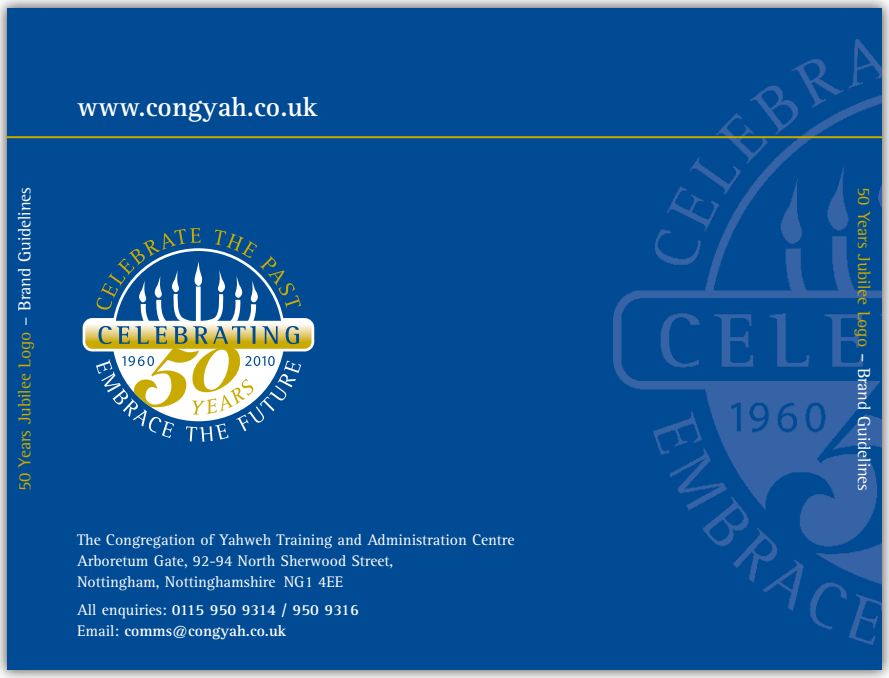




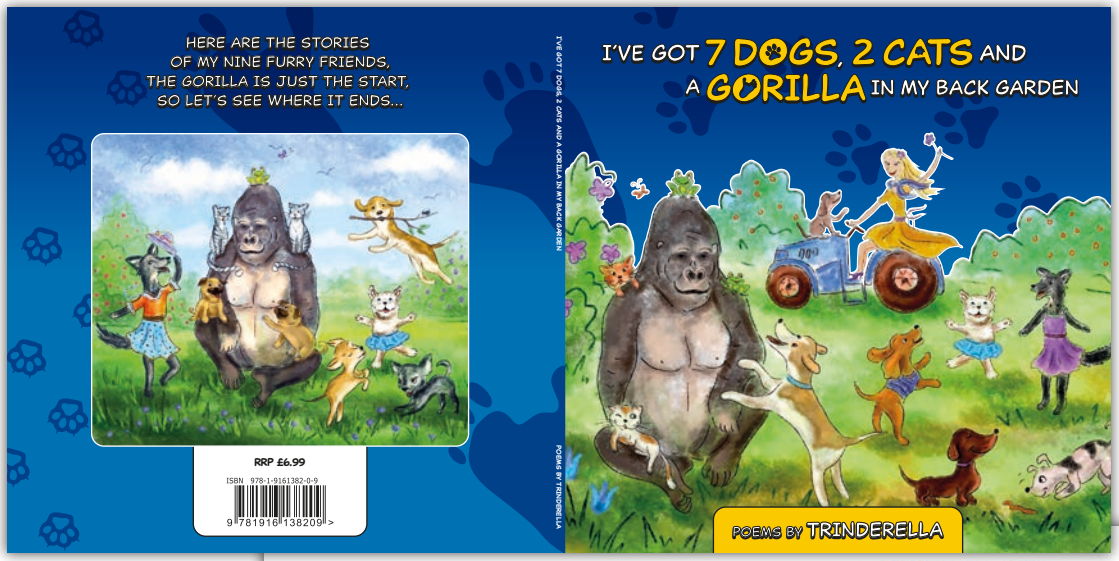


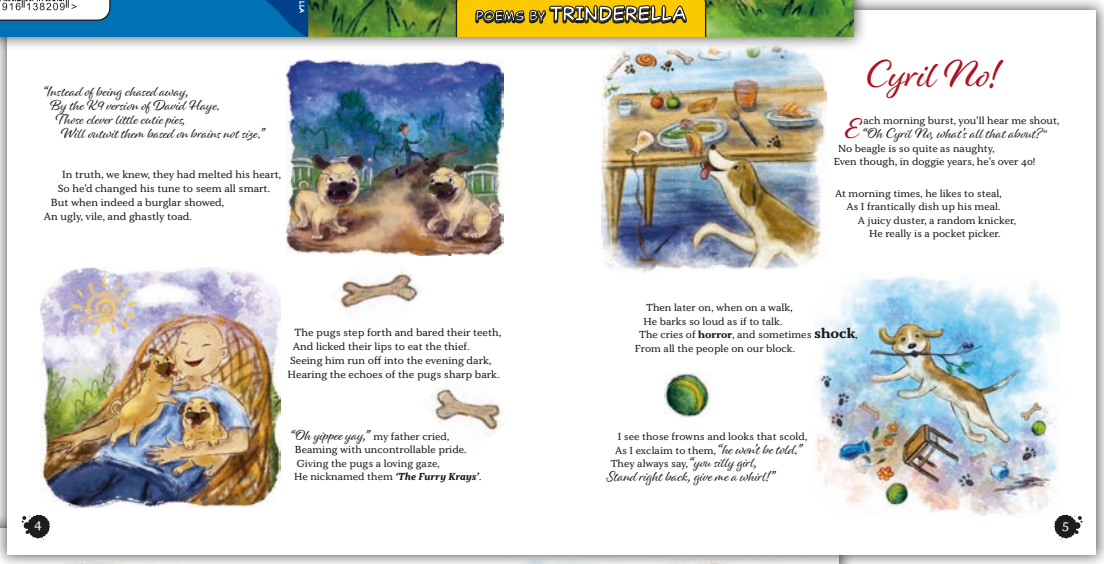
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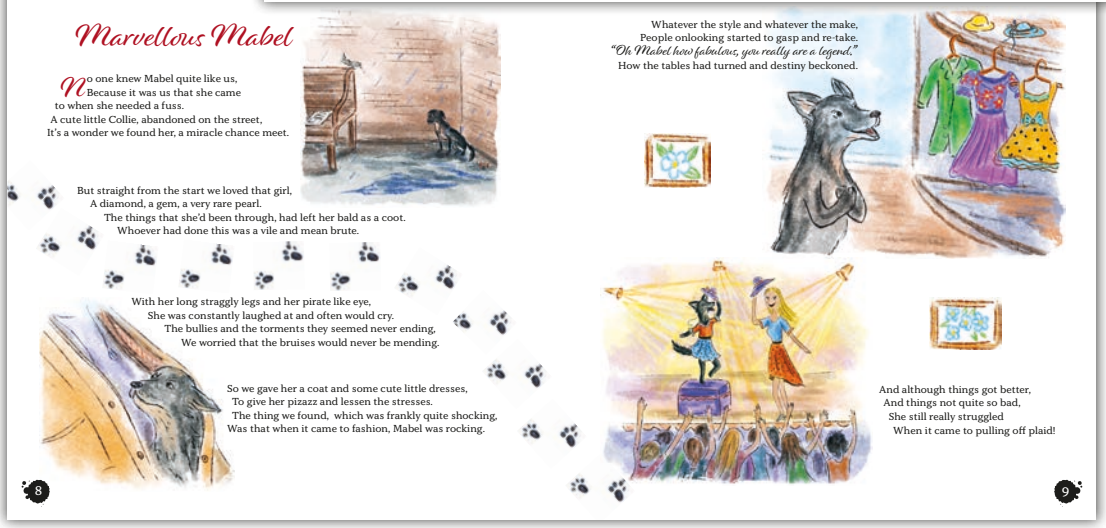




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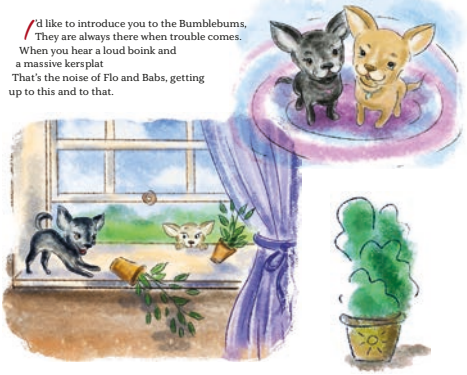




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Flo and Babs - The Bumblebums

I'd like to introduce you to the Bumblebums,
They are always there when trouble comes.
When you hear a loud boink and
a massive kersplat
That's the noise of Flo and Babs, getting
up to this and to that.



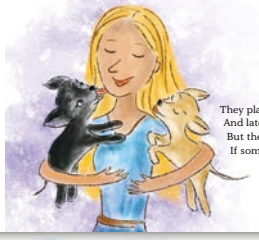
No sisters more different, but still quite the same,
Always up to mischief, it's hard to know who to blame.
The innocent faces of those small cutie pies,
Not to mention their charming, massive brown eyes.



They are totally lovely, and properly cute,
But occasionally you end up walking right
in a poop!
It's happened to me when walking around
with bare feet,
I've suddenly squished something that didn't
smell all that sweet!



That feeling of horror and absolute dread,
I'm just thankful it didn't happen on top
of my bed!
But that's little puppies, that's just what they do,
They're cute and they're cuddly and they like a
big a poo.



They play lots of games and roll in the dirt,
And later put paw prints all over my shirt.
But they also give love, and are my best friends,
If someone breaks my heart, they make sure that it mends.

Carol Looly



When my bulldog Carol won a dancing award,
Some people thought it was most untoward.
"She can't be a dancer, a ballerina at that,
With a bulky physique, which lets face it is fat."

Carol loves dancing and does a mean spinny thing,
Because everything she does, she does with a zing.
She's no super model, and plods with a thump,
It's general opinion, it's a thing she should dump.



At times she felt sad, and agreed she should stop,
But her will was so strong, that she continued to bop.
She'd dance in the park, she'd dance in the street,
She'd dance for her dinner and a juicy big treat.

The joy dancing gave her made me beam a big smile,
So we went to compete as I thought it worthwhile.
The look of plain shock as we walked in the room,
It went so blinking quiet like and old haunted tomb!

A wicked old lady stepped forth from the dark
"You can't compete here," she said with a bark.
"That dog you call Carol, needs to find other dreams,
She's no graceful dancer, she's not got the genes!"



But as with all greats, they have their own move,
Hers is the Looly, it's her signature groove.
It shows off her nature, her happy little skip,
If the move takes her right, she might do a flip.





To Looly is to dream, and to make the dream real,
Don't let others deter you, that's never the deal.
So whether she'd lost, or whether she'd won,
The overall point is she had lots of fun.

Nelly and Pudding



It's funny the things that people can assume,
Whenever they enter my animals room.
I watch them intently looking forth and then back,
As they guess who's the leader of the Trinderella pack.



Oh it must be Cyril No, he's such a huge giant,
Or at least one of those Krays as they're
so blooming defiant.
They're hardly ever right and I can understand that,
When I point out Nelly the spotted silver cat.



So tiny and pretty, hardly anyone guesses,
But you quickly find out why nobody messes.
During any big battle it's her that draws the
blood in,
Thank heavens she's calmed by the gorgeous
big Pudding.

I'll forgive you for thinking that Pudding is a delicious chocolate sweet,
But really he's the biggest, kindest, softest cat you ever could meet.
Nelly and Pudding are the bestest of friends,
Always together through troubles and trends.



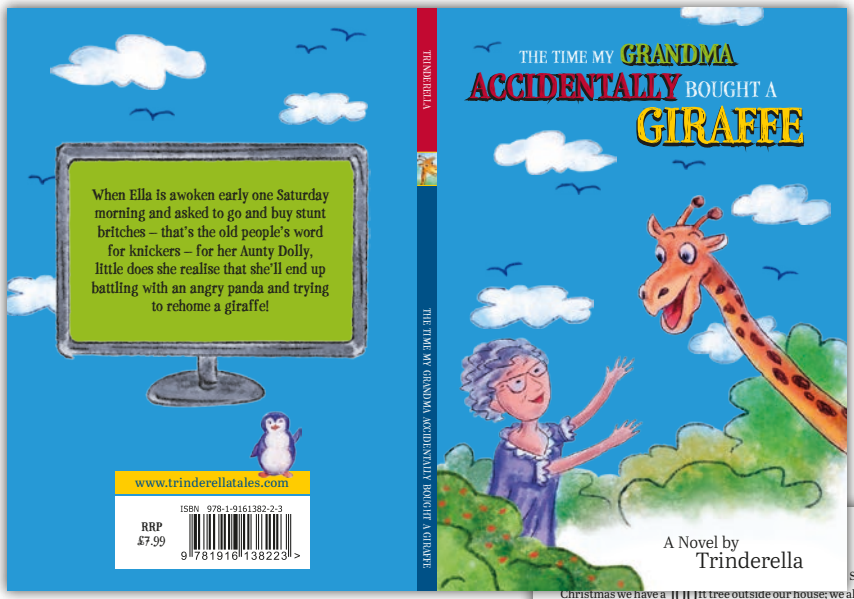


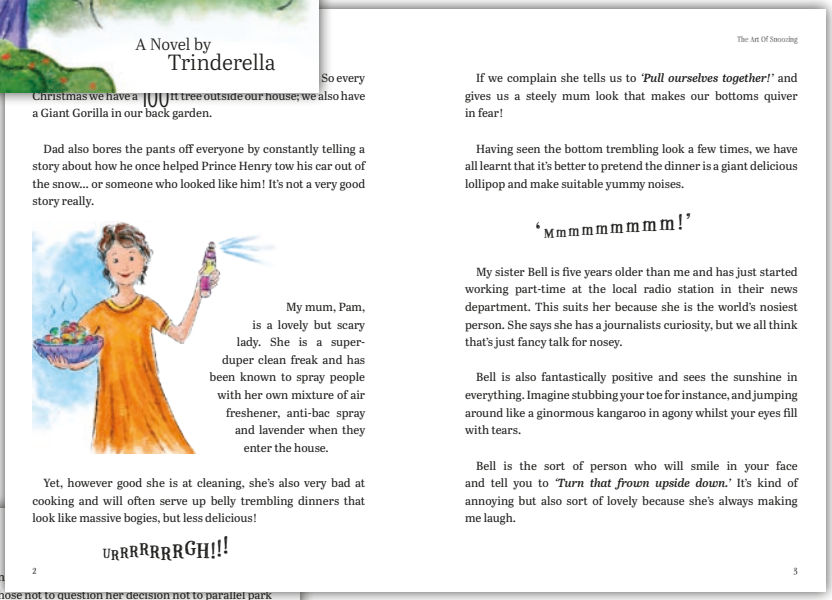
Whilst Nelly is queen and a strong
female leader,
Pudding supports and is her
personal cheerleader!
Pudding uses his magic whiskers
to detect trouble ahead,
Then advises his mistress to go
back to her bed.

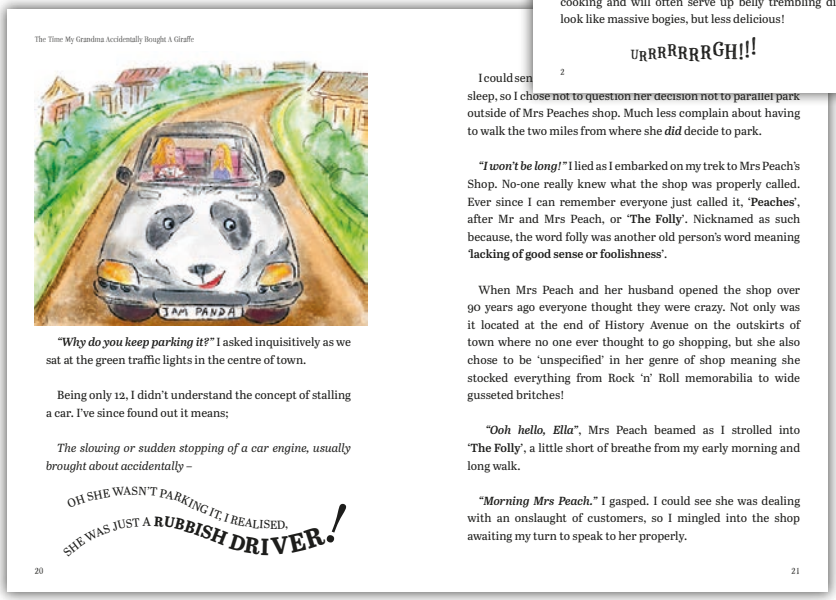
He's never been wrong and sometimes
she takes note,
I remember he once saved her from
a savage old goat.
He knows Nelly's a leader when the real
trouble is burning,
Because this strong, clever lady is not
one for turning!



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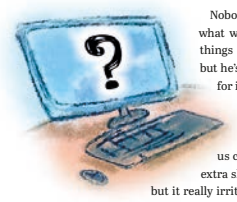






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And then my dad Ken, he works in software and makes computers do wild and wonderful things. He has to get up at 4.30 am every single day to get to work because he has to talk to people all over the world in different time zones.



Nobody really knows what wild and wonderful things his software does, but he's won a few awards for it so I think he does pretty well at it.

In essence, all of us could do with some extra sleep on a Saturday, but it really irritates my mother so she likes to make as much noise as possible until we (as she puts it) '**all rise from our pits**' .

Over the years, I have proudly managed to learn how to sleep through all sorts of noises. I'm very heavy sleeper. I once fell off my bed and rolled underneath. The next morning everyone thought I'd gone missing and panicked. It wasn't until they heard the sound of my delicate snores (yes they are delicate despite what my family might tell you) gently rising from beneath my bed that they realised what had happened.



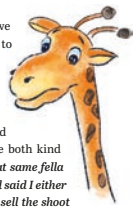
That being said my mother now somehow sees it as a challenge to get me up. I find it quite amusing and sometimes lie there with my eyes closed anticipating what her next move will be.

My favourite time was when she thought she'd learnt the words to Jon Bon Jovi's '**Living on a Prayer,**' and sang ***"it doesn't really matter if we're naked or not,"*** when what she should have sung was, ***"it doesn't really matter if we make it or not"***.

ears as if to make them work properly. Surely she'd not just said that she'd '*accidentally*' bought a giraffe we all thought.

"I was watching the tele box last night," she said waggling her finger as if to enhance her story, ***"and they had a fella on talking about something called Trophy hunting, where all these little slopers pay to go and shoot these nobby little animals."*** We sat silently, anticipating how we got from there, to having purchased a giraffe. ***"I thought well I'm not having that so I went online and paid to shoot a Giraffe called Cynthia."***





As shocking as it was to hear this, we all knew Grandma would never want to shoot a giraffe, so we all sat silently awaiting the next instalment of this bonkers story. ***"You see, I thought if I paid to shoot her and then didn't shoot her, then she'd be okay."*** I could tell by the look on Bell's face that we both kind of understood her logic. ***"But then that same fella rang me this morning, awful man, and said I either needed to come and fetch her, or he'd sell the shoot again."*** Hardly stopping for breath, she slam-dunked us with the finale of this story. ***"So I said my two lovely granddaughters would pop over to Africa and pick her up."***

Aunty Dolly, sat there with a sense of relief that the burden of this story had now been passed onto us.

"Let me get this straight," I said, ***"you want us to pop over to Africa to pick up a giraffe called Cynthia that you accidentally bought?"***

"BINGO!" she said, touching her nose with one finger and pointing at me with the other!

Even though I was the youngest sister, I was also the most responsible. I knew I had to jump in before Bell agreed. She loves an adventure does Bell.

Next was Mrs Peach, she was helped down by Butler Alan, who raced back up to help Prince Henry and Giraffe Alan.



The crowd went wild, and I started doing that weird happy cry that my mum does. In fact we all did... even Dad!

Striding through the crowds armed with microphone and TV crew, Nathaniel Spearling began broadcasting the whole moment as people started to preen themselves and '**accidentally**' appear in the background.

At that
Nathaniel's back-pack which he perched on the wall near the garden. Halfway through his speech, we heard an almighty crack as Grandma had found a knitting needle in his bag and snapped it.

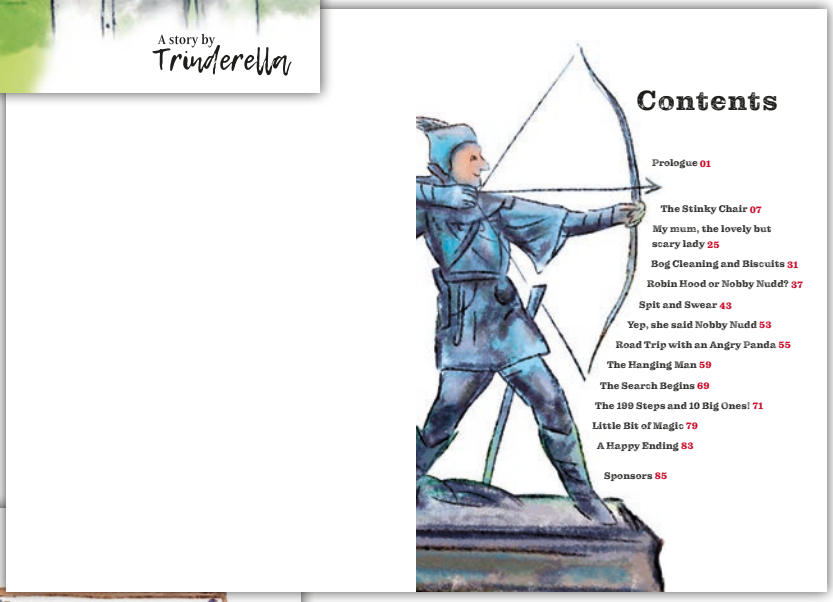
She made no empty threats!!!

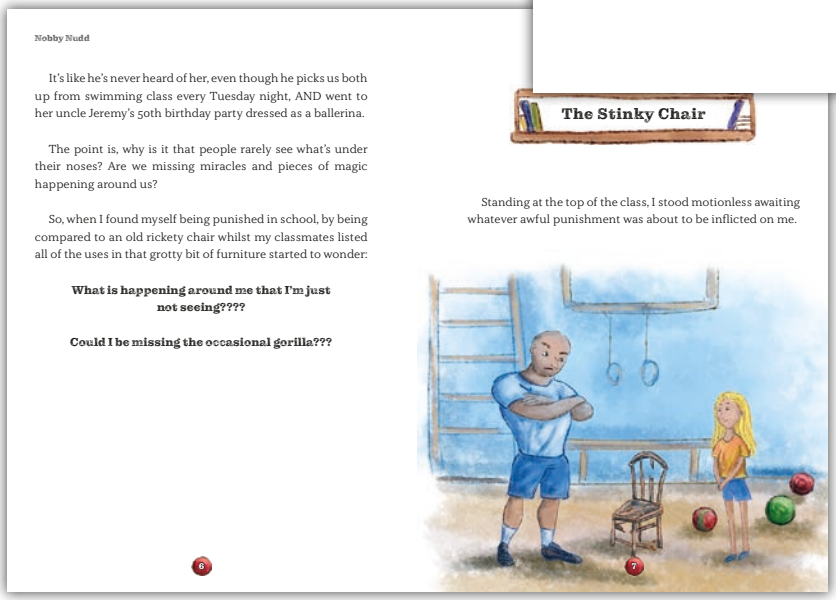
The crowds' laughter stopped suddenly as Prince Henry began to speak. Awaiting some poignant speech about the importance of protecting our animals, we heard him say... *"Hello Ken, how are you? Long-time no see!"*



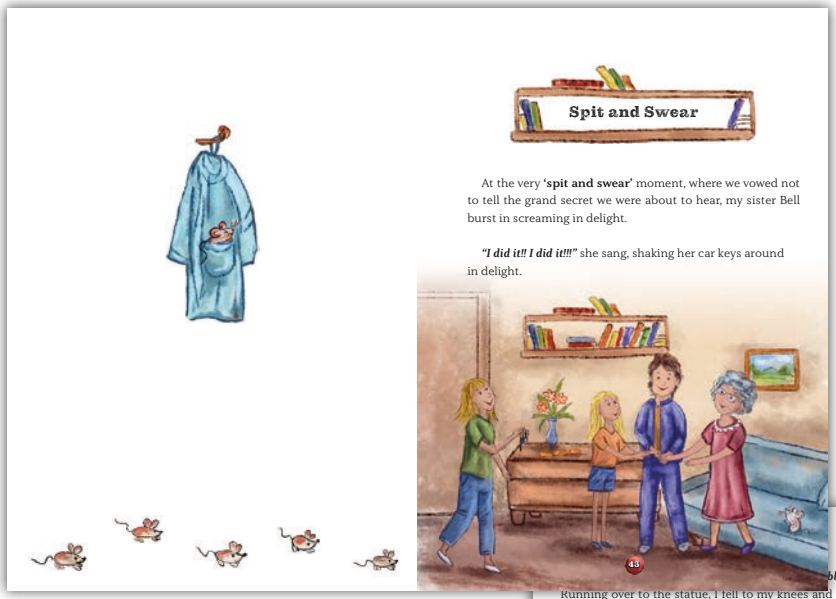
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Spit and Swear

At the very **'spit and swear'** moment, where we vowed not to tell the grand secret we were about to hear, my sister Bell burst in screaming in delight.

"I did it!! I did it!!!" she sang, shaking her car keys around in delight.

bby Nudd!!!" Running over to the statue, I fell to my knees and whispered those immortal words ***"You sir, are Nobby Nudd and I claim my prize!!"***

Bell looked on at me, thinking I'd gone completely barmy. The statue remained deathly still. For a moment I doubted myself, that was until I saw the faint movement of the statue, unlocking from his stance, and a friendly smile emerge on his face.

"Arise, young lady," the statue said. It was quite scary when you think about it.



At that very moment, the radio DJ and a parade of people cheering at us appeared from the direction of the Abbey.

Nobby Nudd grabbed us both into a massive Gladiator style hug. ***"Congratulations!!! You've found me and won."*** Interrupted by a loud piece of music, Nobby stopped what he was saying and we could hear:

You've heard of a man called Nobby Nudd,
Who folks have tried to find, but hardly ever could.
This man is clever, this man is gallant,
And if you've seen him shoot arrows, you'll know
he's got talent!!!

The trick is to find him, and win a load of bunce,
Up until today it's only happened once.
So hooray, hoorah, you lucky thing,
You've won ten great big ones, so shout CHA-CHING!!!

We couldn't believe our luck, and we couldn't wait to tell our family...

...and Des and Dougie.

"And you must bring your family too!!!" Dougie said as he waved us on our way.

Dodging the swinging body of the hanging man, Bell revved up the Angry Panda and we made our way home, ready for an early night and some much-needed R and R.

If there was one thing that we'd learned from the day, it's that sometimes you don't see what's really around you...



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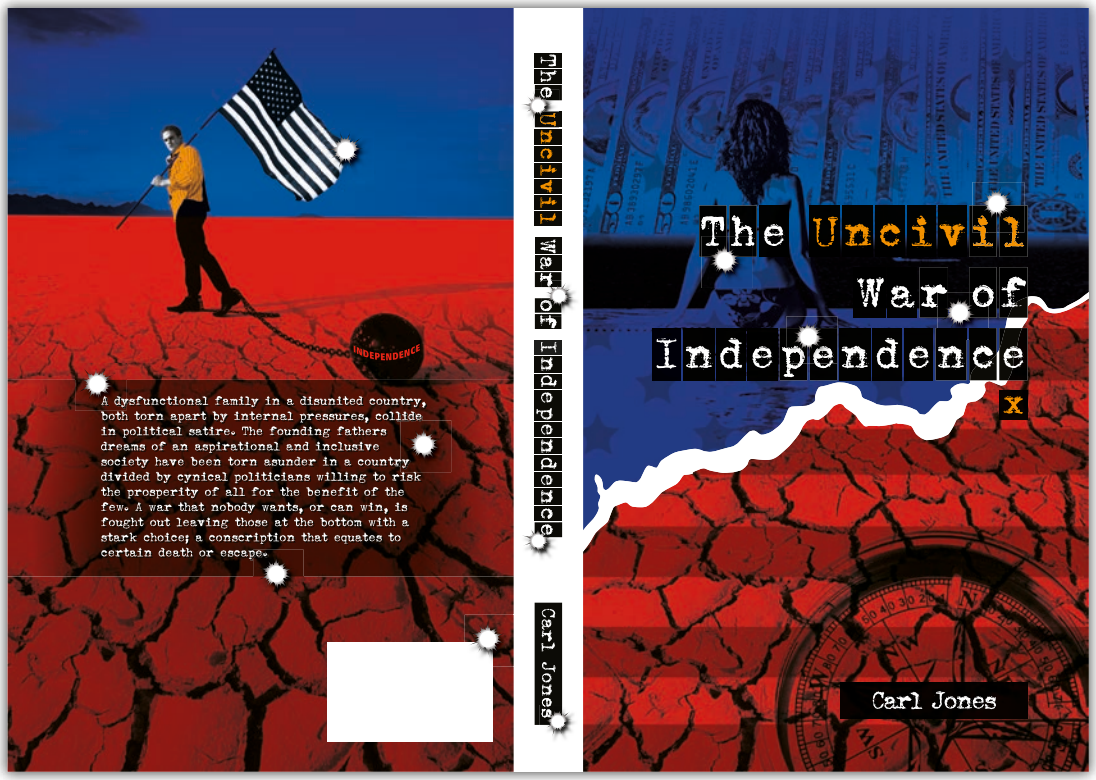
Writing gives me such massive pleasure and provides me with an escape from the madness of the world, which is why I wanted to launch a children's writing competition and give young people the chance to lose themselves in their imagination.

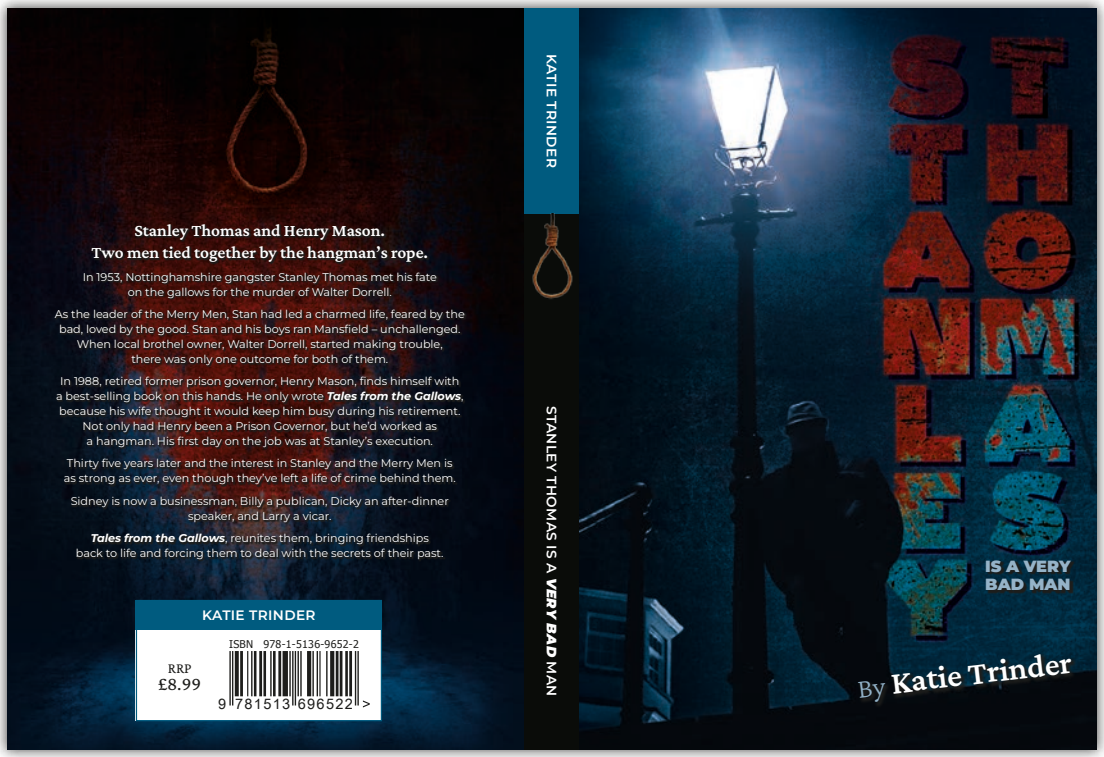
It wouldn't have been possible to do without the support of some incredible businesses. So, I'd like to thank;

- Asmech Systems, the sponsor of our Sports category.
- Vines Legal, the sponsor of our Animal category.
- Cianne Design, the sponsor of our Adventure category.
- Personnel Solutions, the sponsor of our Technology and Inventions category.
- Premier Security 247, the sponsor of our mystery category.
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- Gordian Coaching, the sponsor of our Arts category.
- Manton House Printing, for designing my books.

Thank you for all your support,
Trinderella

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VEHICLE WRAPS





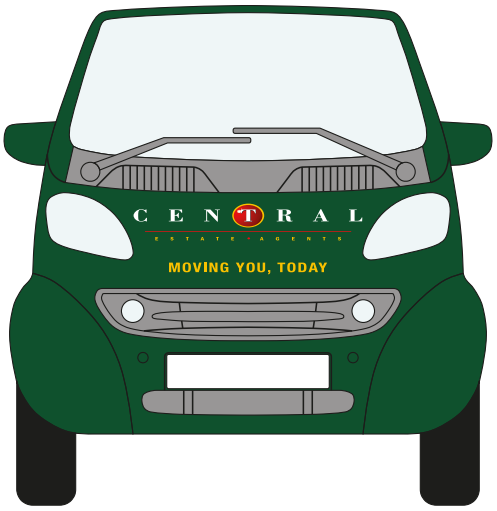






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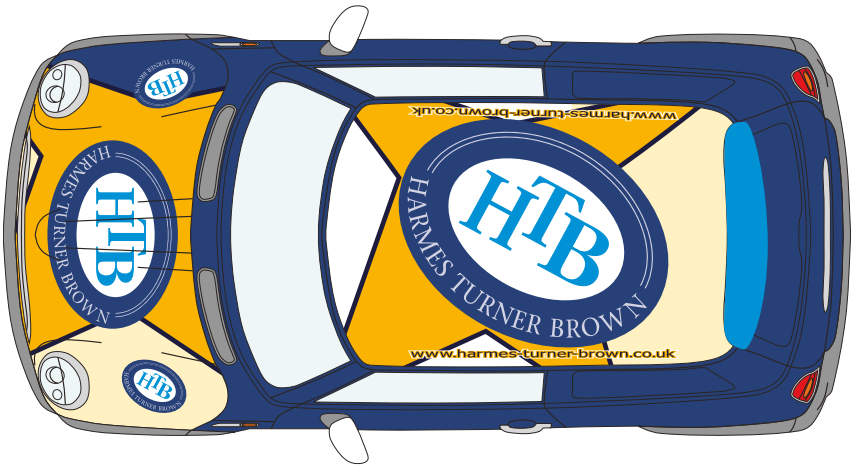








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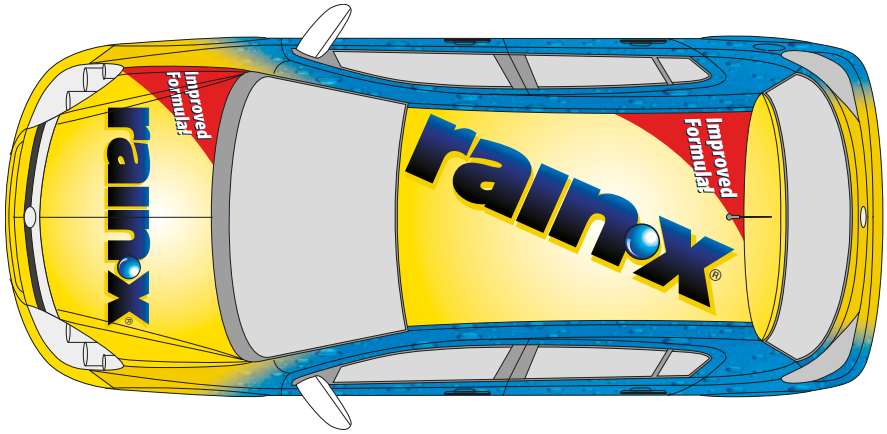




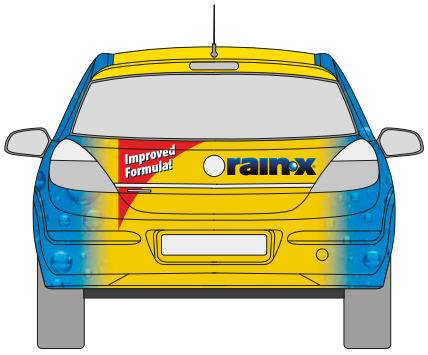




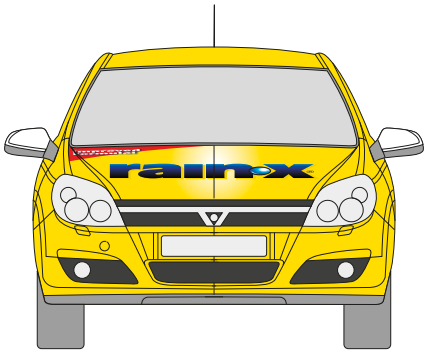
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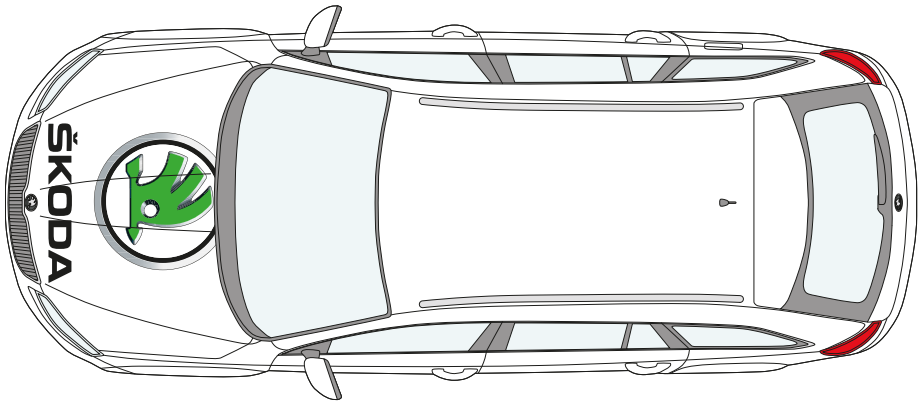




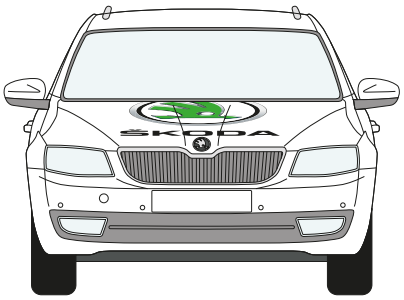


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VEHICLE WRAPS





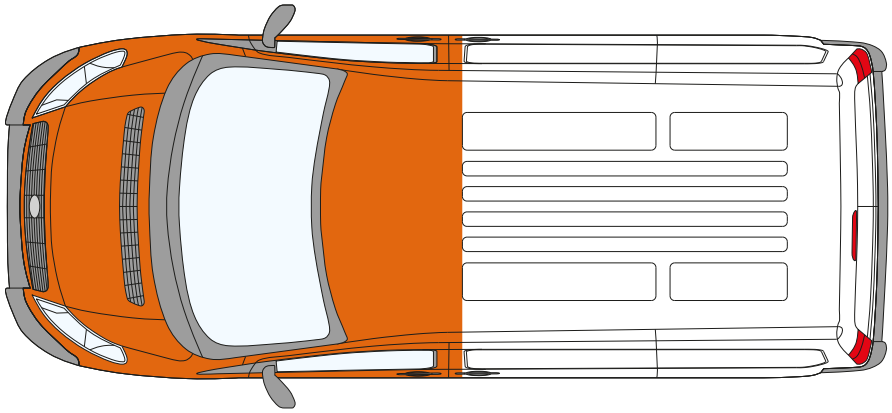


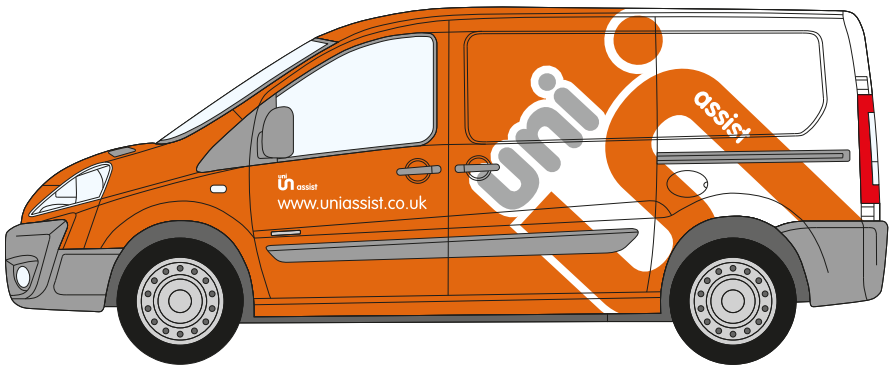


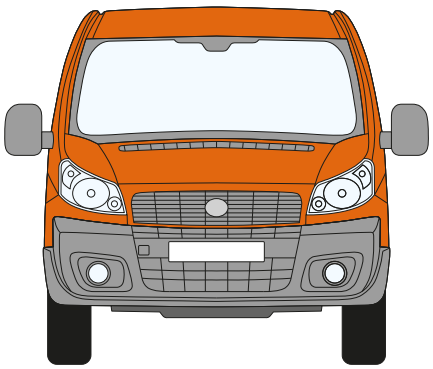


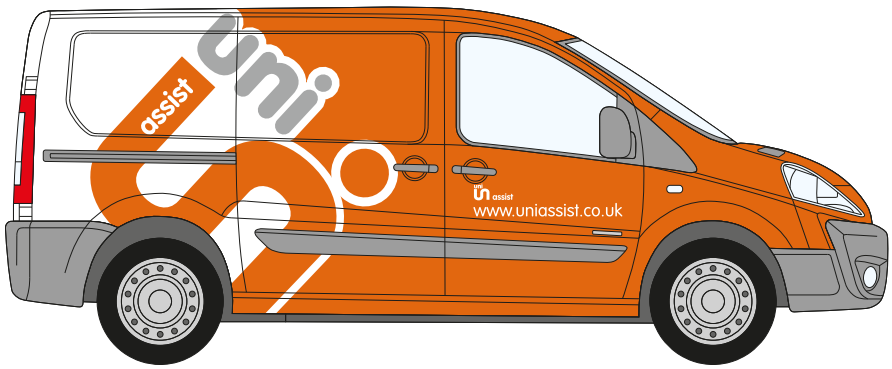
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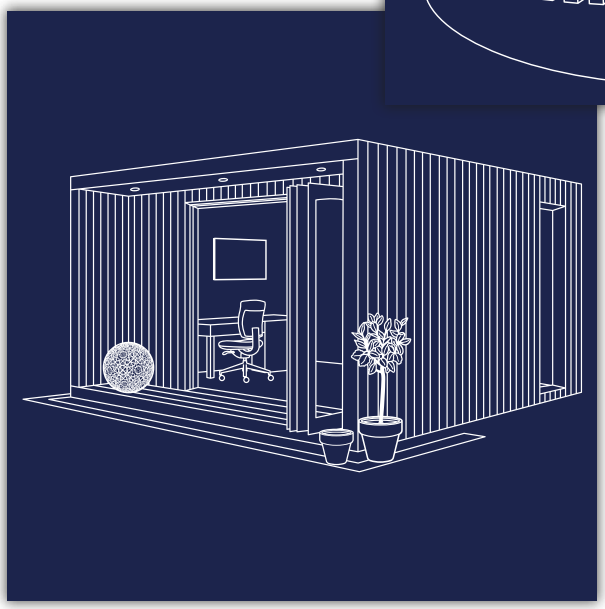
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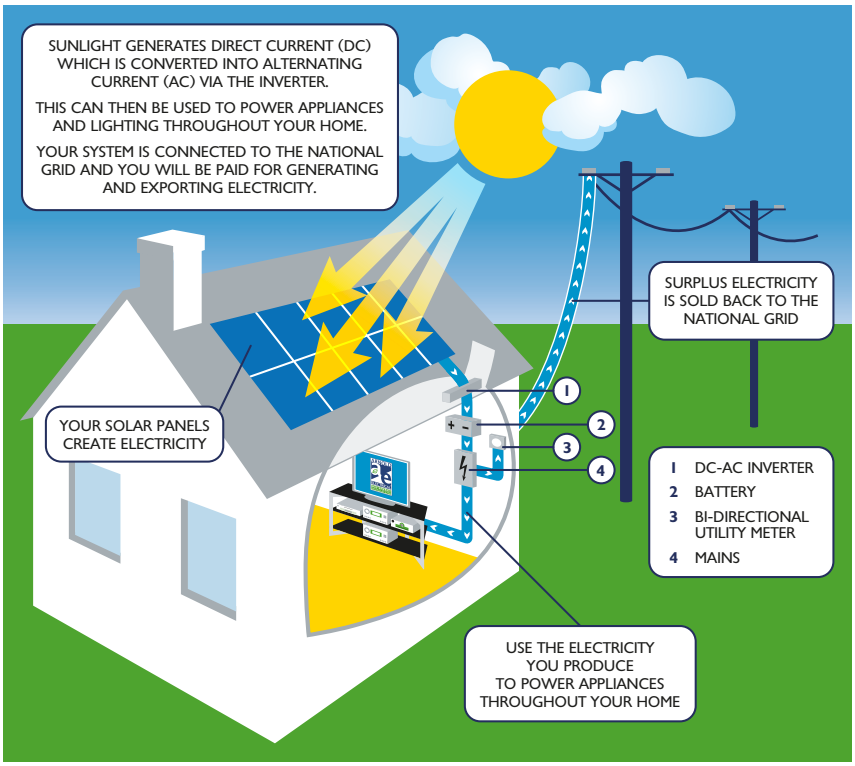






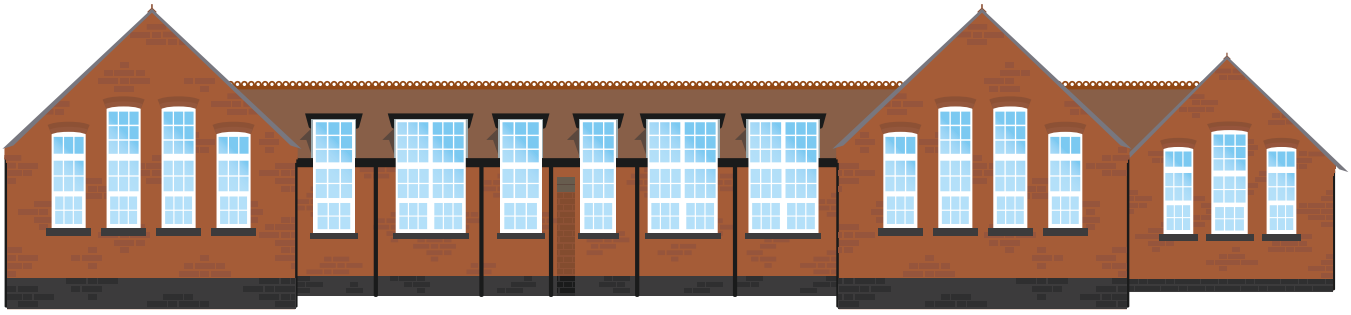


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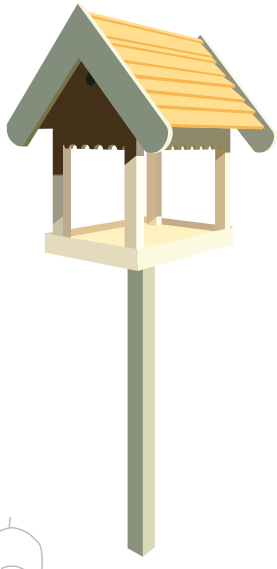




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